

Race Results

Race Date: 17/02/2019

Race Name: Herald Continental Cycle Tour MTB - 201

Race Timer: Mountain Events

Race Timer Tel:

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|--------------|----------|------------|-----|--------|----------|---------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 835 | 30 | Essan | Caylem | 20/04/2004 | 15 | Male | 1 | Youth(M) | 1 | 01:00:27 | 1 | 29.78 | <input type="checkbox"/> |
| 17/02/2019 | 1332 | 30 | Pietersen | Reynier | 20/12/2000 | 19 | Male | 2 | Senior(M) | 1 | 01:01:01 | 2 | 29.50 | <input type="checkbox"/> |
| 17/02/2019 | 838 | 30 | Mcewan | Callum | 23/11/2005 | 14 | Male | 3 | Sub-Junior(M) | 1 | 01:01:04 | 3 | 29.48 | <input type="checkbox"/> |
| 17/02/2019 | 922 | 30 | Watson | Paul | 23/09/1994 | 25 | Male | 4 | Senior(M) | 2 | 01:01:21 | 4 | 29.34 | <input type="checkbox"/> |
| 17/02/2019 | 1439 | 30 | Schoonbee | Chris | 18/02/1991 | 28 | Male | 5 | Senior(M) | 3 | 01:02:40 | 5 | 28.72 | <input type="checkbox"/> |
| 17/02/2019 | 1349 | 30 | Van Dermerwe | Regardt | 28/05/1990 | 29 | Male | 6 | Senior(M) | 4 | 01:02:42 | 6 | 28.71 | <input type="checkbox"/> |
| 17/02/2019 | 1026 | 30 | Smith | Garreth | 11/05/2004 | 15 | Male | 7 | Youth(M) | 2 | 01:05:12 | 7 | 27.61 | <input type="checkbox"/> |
| 17/02/2019 | 996 | 30 | Geel | Michael | 06/05/1998 | 21 | Male | 8 | Senior(M) | 5 | 01:05:33 | 8 | 27.46 | <input type="checkbox"/> |
| 17/02/2019 | 1417 | 30 | Oelofse | Jeanre | 19/03/2005 | 14 | Male | 9 | Sub-Junior(M) | 2 | 01:06:14 | 9 | 27.18 | <input type="checkbox"/> |
| 17/02/2019 | 1054 | 30 | Townsend | Craig | 24/09/1965 | 54 | Male | 10 | Master(M) | 1 | 01:06:48 | 10 | 26.95 | <input type="checkbox"/> |
| 17/02/2019 | 822 | 30 | van Tonder | Dean | 16/04/2003 | 16 | Male | 11 | Youth(M) | 3 | 01:06:49 | 11 | 26.94 | <input type="checkbox"/> |
| 17/02/2019 | 1441 | 30 | Kingston | Liza | 24/02/1982 | 37 | Female | 1 | Sub-vets(F) | 1 | 01:06:59 | 12 | 26.87 | <input type="checkbox"/> |
| 17/02/2019 | 1065 | 30 | Law | Keith | 25/03/1960 | 59 | Male | 12 | Master(M) | 2 | 01:07:01 | 13 | 26.86 | <input type="checkbox"/> |
| 17/02/2019 | 1186 | 30 | De Villiers | Francois | 14/06/2005 | 14 | Male | 13 | Sub-Junior(M) | 3 | 01:07:08 | 14 | 26.81 | <input type="checkbox"/> |
| 17/02/2019 | 1436 | 30 | Botha | Theo | 02/10/1974 | 45 | Male | 14 | Vets(M) | 1 | 01:08:08 | 15 | 26.42 | <input type="checkbox"/> |
| 17/02/2019 | 1001 | 30 | Carter | Jaden | 09/09/2003 | 16 | Male | 15 | Youth(M) | 4 | 01:08:27 | 16 | 26.30 | <input type="checkbox"/> |
| 17/02/2019 | 1384 | 30 | Doubell | Joshua | 05/04/1999 | 20 | Male | 16 | Senior(M) | 6 | 01:08:29 | 17 | 26.28 | <input type="checkbox"/> |
| 17/02/2019 | 1102 | 30 | Smith | Lauren | 02/07/1983 | 36 | Female | 2 | Sub-vets(F) | 2 | 01:08:33 | 18 | 26.26 | <input type="checkbox"/> |
| 17/02/2019 | 1360 | 30 | Brito | Brett | 03/05/1976 | 43 | Male | 17 | Vets(M) | 2 | 01:08:35 | 19 | 26.25 | <input type="checkbox"/> |
| 17/02/2019 | 1341 | 30 | Ferreira | Ashton | 08/02/1972 | 47 | Male | 18 | Vets(M) | 3 | 01:08:40 | 20 | 26.21 | <input type="checkbox"/> |
| 17/02/2019 | 901 | 30 | Geel | Lohan | 16/02/1972 | 47 | Male | 19 | Vets(M) | 4 | 01:09:03 | 21 | 26.07 | <input type="checkbox"/> |
| 17/02/2019 | 840 | 30 | Witbooi | Lelethu | 29/07/2004 | 15 | Male | 20 | Youth(M) | 5 | 01:09:13 | 22 | 26.01 | <input type="checkbox"/> |
| 17/02/2019 | 925 | 30 | Strydom | Hanneke | 14/07/1984 | 35 | Female | 3 | Sub-vets(F) | 3 | 01:09:14 | 23 | 26.00 | <input type="checkbox"/> |
| 17/02/2019 | 1005 | 30 | Minnaar | Tiaan | 05/03/2005 | 14 | Male | 21 | Sub-Junior(M) | 4 | 01:09:15 | 24 | 25.99 | <input type="checkbox"/> |
| 17/02/2019 | 1377 | 30 | Powell | Brendon | 15/10/2001 | 18 | Male | 22 | Junior(M) | 1 | 01:09:17 | 25 | 25.98 | <input type="checkbox"/> |
| 17/02/2019 | 995 | 30 | Van Schoor | Samantha | 19/04/1973 | 46 | Female | 4 | Vets(F) | 1 | 01:10:05 | 26 | 25.68 | <input type="checkbox"/> |
| 17/02/2019 | 1027 | 30 | Van Schoor | Anton | 30/05/1971 | 48 | Male | 23 | Vets(M) | 5 | 01:10:07 | 27 | 25.67 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|------------|---------------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1418 | 30 | Nienaber | Philip | 12/01/1968 | 51 | Male | 24 | Master(M) | 3 | 01:10:25 | 28 | 25.56 | <input type="checkbox"/> |
| 17/02/2019 | 1457 | 30 | Coetzer | Heinrich | 15/04/1978 | 41 | Male | 25 | Vets(M) | 6 | 01:10:27 | 29 | 25.55 | <input type="checkbox"/> |
| 17/02/2019 | 1029 | 30 | Schmidt | Wikus Schmidt | 01/11/1973 | 46 | Male | 26 | Vets(M) | 7 | 01:10:29 | 30 | 25.54 | <input type="checkbox"/> |
| 17/02/2019 | 1348 | 30 | Mulder | Clifford | 21/07/1957 | 62 | Male | 27 | Grand Master(M) | 1 | 01:10:53 | 31 | 25.39 | <input type="checkbox"/> |
| 17/02/2019 | 1207 | 30 | Roycroft | Michael | 05/02/1994 | 25 | Male | 28 | Senior(M) | 7 | 01:10:59 | 32 | 25.36 | <input type="checkbox"/> |
| 17/02/2019 | 854 | 30 | Muller | Leon | 29/10/1959 | 60 | Male | 29 | Grand Master(M) | 2 | 01:11:04 | 33 | 25.33 | <input type="checkbox"/> |
| 17/02/2019 | 1201 | 30 | Pohlmann | Matthew | 09/12/1995 | 24 | Male | 30 | Senior(M) | 8 | 01:11:10 | 34 | 25.29 | <input type="checkbox"/> |
| 17/02/2019 | 1028 | 30 | Fouche | Annamarie | 16/12/1967 | 52 | Female | 5 | Master(F) | 1 | 01:11:14 | 35 | 25.27 | <input type="checkbox"/> |
| 17/02/2019 | 1166 | 30 | Muller | Abel | 23/08/1974 | 45 | Male | 31 | Vets(M) | 8 | 01:11:16 | 36 | 25.26 | <input type="checkbox"/> |
| 17/02/2019 | 1512 | 30 | Nichol | Murray | 16/02/1965 | 54 | Male | 32 | Master(M) | 4 | 01:11:18 | 37 | 25.25 | <input type="checkbox"/> |
| 17/02/2019 | 967 | 30 | Nagel | Claire | 13/04/1964 | 55 | Female | 6 | Master(F) | 2 | 01:11:43 | 38 | 25.10 | <input type="checkbox"/> |
| 17/02/2019 | 1012 | 30 | Maritz | Pieter | 27/12/1977 | 42 | Male | 33 | Vets(M) | 9 | 01:11:49 | 39 | 25.06 | <input type="checkbox"/> |
| 17/02/2019 | 1308 | 30 | Olckers | Werner | 06/12/1970 | 49 | Male | 34 | Vets(M) | 10 | 01:12:01 | 40 | 24.99 | <input type="checkbox"/> |
| 17/02/2019 | 1309 | 30 | Olckers | Victor | 23/03/2004 | 15 | Male | 35 | Youth(M) | 6 | 01:12:03 | 41 | 24.98 | <input type="checkbox"/> |
| 17/02/2019 | 1352 | 30 | Nel | Riaan | 22/01/1966 | 53 | Male | 36 | Master(M) | 5 | 01:12:17 | 42 | 24.90 | <input type="checkbox"/> |
| 17/02/2019 | 1353 | 30 | Pope | Gordon | 29/02/1960 | 59 | Male | 37 | Master(M) | 6 | 01:12:18 | 43 | 24.90 | <input type="checkbox"/> |
| 17/02/2019 | 1066 | 30 | Harrington | Kristen | 12/09/1997 | 22 | Female | 7 | Senior(F) | 1 | 01:12:30 | 44 | 24.83 | <input type="checkbox"/> |
| 17/02/2019 | 1292 | 30 | Young | Brett | 13/01/1955 | 64 | Male | 38 | Grand Master(M) | 3 | 01:12:32 | 45 | 24.82 | <input type="checkbox"/> |
| 17/02/2019 | 1356 | 30 | Schoonbee | Gideon | 21/12/1958 | 61 | Male | 39 | Grand Master(M) | 4 | 01:12:37 | 46 | 24.79 | <input type="checkbox"/> |
| 17/02/2019 | 1283 | 30 | Lotter | Lara | 25/01/2004 | 15 | Female | 8 | Youth(F) | 1 | 01:12:42 | 47 | 24.76 | <input type="checkbox"/> |
| 17/02/2019 | 938 | 30 | Allnutt | Peter | 06/05/1980 | 39 | Male | 40 | Sub-vets(M) | 1 | 01:12:51 | 48 | 24.71 | <input type="checkbox"/> |
| 17/02/2019 | 1097 | 30 | Lewis | Mario | 21/10/1975 | 44 | Male | 41 | Vets(M) | 11 | 01:13:04 | 49 | 24.64 | <input type="checkbox"/> |
| 17/02/2019 | 1409 | 30 | Bekker | Juan | 17/09/1985 | 34 | Male | 42 | Sub-vets(M) | 2 | 01:13:20 | 50 | 24.55 | <input type="checkbox"/> |
| 17/02/2019 | 942 | 30 | Naude | Devon | 18/11/1988 | 31 | Male | 43 | Sub-vets(M) | 3 | 01:13:56 | 51 | 24.35 | <input type="checkbox"/> |
| 17/02/2019 | 1307 | 30 | Willimott | Alex | 18/04/2004 | 15 | Male | 44 | Youth(M) | 7 | 01:13:59 | 52 | 24.33 | <input type="checkbox"/> |
| 17/02/2019 | 1096 | 30 | Nelson | Warren | 08/04/1983 | 36 | Male | 44 | Sub-vets(M) | 4 | 01:13:59 | 52 | 24.33 | <input type="checkbox"/> |
| 17/02/2019 | 1306 | 30 | Willimott | Mark | 31/01/1973 | 46 | Male | 46 | Vets(M) | 12 | 01:14:00 | 54 | 24.32 | <input type="checkbox"/> |
| 17/02/2019 | 994 | 30 | Williams | Craig | 24/05/1963 | 56 | Male | 47 | Master(M) | 7 | 01:14:03 | 55 | 24.31 | <input type="checkbox"/> |
| 17/02/2019 | 985 | 30 | Fourie | Divan | 28/06/2004 | 15 | Male | 47 | Youth(M) | 8 | 01:14:03 | 55 | 24.31 | <input type="checkbox"/> |
| 17/02/2019 | 1304 | 30 | Willimott | Gail | 01/03/1974 | 45 | Female | 9 | Vets(F) | 2 | 01:14:06 | 57 | 24.29 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|-------------|-------------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1242 | 30 | Booker | Brendan | 16/03/1976 | 43 | Male | 49 | Vets(M) | 13 | 01:14:07 | 58 | 24.29 | <input type="checkbox"/> |
| 17/02/2019 | 1344 | 30 | Goussard | Abre | 24/02/1984 | 35 | Male | 50 | Sub-vets(M) | 5 | 01:14:10 | 59 | 24.27 | <input type="checkbox"/> |
| 17/02/2019 | 955 | 30 | Muller | Stella | 27/01/1965 | 54 | Female | 10 | Master(F) | 3 | 01:14:11 | 60 | 24.26 | <input type="checkbox"/> |
| 17/02/2019 | 997 | 30 | Marshall | Andrew | 27/04/1970 | 49 | Male | 51 | Vets(M) | 14 | 01:14:12 | 61 | 24.26 | <input type="checkbox"/> |
| 17/02/2019 | 1259 | 30 | Greyling | Louise | 20/06/1965 | 54 | Female | 11 | Master(F) | 4 | 01:14:14 | 62 | 24.25 | <input type="checkbox"/> |
| 17/02/2019 | 1067 | 30 | Van Wyk | Andrie | 27/01/1960 | 59 | Male | 52 | Master(M) | 8 | 01:14:16 | 63 | 24.24 | <input type="checkbox"/> |
| 17/02/2019 | 1059 | 30 | Twigg | Philip | 06/04/1968 | 51 | Male | 53 | Master(M) | 9 | 01:14:17 | 64 | 24.23 | <input type="checkbox"/> |
| 17/02/2019 | 1362 | 30 | Wood | Vaughan | 30/10/1964 | 55 | Male | 54 | Master(M) | 10 | 01:14:21 | 65 | 24.21 | <input type="checkbox"/> |
| 17/02/2019 | 1323 | 30 | Joubert | Deon | 17/10/1965 | 54 | Male | 55 | Master(M) | 11 | 01:14:25 | 66 | 24.19 | <input type="checkbox"/> |
| 17/02/2019 | 998 | 30 | Seaman | Rachel | 27/05/2005 | 14 | Female | 12 | Sub-Junior(F) | 1 | 01:14:43 | 67 | 24.09 | <input type="checkbox"/> |
| 17/02/2019 | 940 | 30 | Beckford | Kyle | 06/09/2001 | 18 | Male | 56 | Junior(M) | 2 | 01:14:48 | 68 | 24.06 | <input type="checkbox"/> |
| 17/02/2019 | 1252 | 30 | Sieg | Hubert | 28/02/1973 | 46 | Male | 57 | Vets(M) | 15 | 01:14:50 | 69 | 24.05 | <input type="checkbox"/> |
| 17/02/2019 | 1081 | 30 | Ferreira | Calvyn | 15/06/1975 | 44 | Male | 58 | Vets(M) | 16 | 01:14:52 | 70 | 24.04 | <input type="checkbox"/> |
| 17/02/2019 | 1052 | 30 | Seaman | Brian | 27/03/1973 | 46 | Male | 59 | Vets(M) | 17 | 01:14:54 | 71 | 24.03 | <input type="checkbox"/> |
| 17/02/2019 | 1287 | 30 | Gouws | Tjoppies | 21/11/1968 | 51 | Male | 60 | Master(M) | 12 | 01:14:57 | 72 | 24.02 | <input type="checkbox"/> |
| 17/02/2019 | 1405 | 30 | Nel | Francois | 07/06/1988 | 31 | Male | 61 | Sub-vets(M) | 6 | 01:15:00 | 73 | 24.00 | <input type="checkbox"/> |
| 17/02/2019 | 1371 | 30 | Struwig | Rudi | 07/07/1978 | 41 | Male | 62 | Vets(M) | 18 | 01:15:22 | 74 | 23.88 | <input type="checkbox"/> |
| 17/02/2019 | 1178 | 30 | Hoffmann | Cade | 19/01/2004 | 15 | Male | 63 | Youth(M) | 9 | 01:15:25 | 75 | 23.87 | <input type="checkbox"/> |
| 17/02/2019 | 1225 | 30 | Bareira | Wade | 07/08/2004 | 15 | Male | 64 | Youth(M) | 10 | 01:15:33 | 76 | 23.83 | <input type="checkbox"/> |
| 17/02/2019 | 1351 | 30 | Stein | Stephen | 05/07/1986 | 33 | Male | 65 | Sub-vets(M) | 7 | 01:15:35 | 77 | 23.81 | <input type="checkbox"/> |
| 17/02/2019 | 1128 | 30 | Von Gordon | Roxy | 26/03/1987 | 32 | Female | 13 | Sub-vets(F) | 4 | 01:15:42 | 78 | 23.78 | <input type="checkbox"/> |
| 17/02/2019 | 1373 | 30 | Rous | Geoffrey | 13/03/1989 | 30 | Male | 66 | Sub-vets(M) | 8 | 01:15:44 | 79 | 23.77 | <input type="checkbox"/> |
| 17/02/2019 | 1000 | 30 | De Villiers | Francois | 01/06/1981 | 38 | Male | 67 | Sub-vets(M) | 9 | 01:15:45 | 80 | 23.76 | <input type="checkbox"/> |
| 17/02/2019 | 1002 | 30 | Mahomed | Anees | 05/02/2003 | 16 | Male | 68 | Youth(M) | 11 | 01:15:47 | 81 | 23.75 | <input type="checkbox"/> |
| 17/02/2019 | 1100 | 30 | Murcott | Keith | 01/07/1952 | 67 | Male | 69 | Grand Master(M) | 5 | 01:15:48 | 82 | 23.75 | <input type="checkbox"/> |
| 17/02/2019 | 1301 | 30 | Speyers | Jean-pierre | 05/04/1990 | 29 | Male | 70 | Senior(M) | 9 | 01:15:50 | 83 | 23.74 | <input type="checkbox"/> |
| 17/02/2019 | 1007 | 30 | Van Zyl | Connie | 01/03/1976 | 43 | Male | 71 | Vets(M) | 19 | 01:16:14 | 84 | 23.61 | <input type="checkbox"/> |
| 17/02/2019 | 1145 | 30 | Butler | Johan | 29/06/1963 | 56 | Male | 72 | Master(M) | 13 | 01:16:31 | 85 | 23.52 | <input type="checkbox"/> |
| 17/02/2019 | 834 | 30 | Mhebe | Lisekho | 07/11/2005 | 14 | Male | 73 | Sub-Junior(M) | 5 | 01:16:52 | 86 | 23.42 | <input type="checkbox"/> |
| 17/02/2019 | 1085 | 30 | Vermaak | Siegie | 08/03/1991 | 28 | Male | 74 | Senior(M) | 10 | 01:16:56 | 87 | 23.40 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|---------------|-------------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1331 | 30 | Jacobs | Derek | 12/09/1968 | 51 | Male | 75 | Master(M) | 14 | 01:16:59 | 88 | 23.38 | <input type="checkbox"/> |
| 17/02/2019 | 1333 | 30 | Erasmus | Tian | 07/05/2002 | 17 | Male | 76 | Junior(M) | 3 | 01:17:04 | 89 | 23.36 | <input type="checkbox"/> |
| 17/02/2019 | 1288 | 30 | Jacobs | Clinton | 25/02/1990 | 29 | Male | 77 | Senior(M) | 11 | 01:17:30 | 90 | 23.23 | <input type="checkbox"/> |
| 17/02/2019 | 1488 | 30 | O'niel | Roger | 10/02/1975 | 44 | Male | 78 | Vets(M) | 20 | 01:17:33 | 91 | 23.21 | <input type="checkbox"/> |
| 17/02/2019 | 1490 | 30 | Oelofsen | Kyla Leigh | 08/01/1997 | 22 | Female | 14 | Senior(F) | 2 | 01:17:34 | 92 | 23.21 | <input type="checkbox"/> |
| 17/02/2019 | 1011 | 30 | Jopson | Rebecca | 29/09/1987 | 32 | Female | 15 | Sub-vets(F) | 5 | 01:17:39 | 93 | 23.18 | <input type="checkbox"/> |
| 17/02/2019 | 1253 | 30 | Strumpfer | Wilhelm | 14/07/1958 | 61 | Male | 79 | Grand Master(M) | 6 | 01:17:40 | 94 | 23.18 | <input type="checkbox"/> |
| 17/02/2019 | 1165 | 30 | Van Der Nest | Claire | 04/03/1981 | 38 | Female | 16 | Sub-vets(F) | 6 | 01:17:42 | 95 | 23.17 | <input type="checkbox"/> |
| 17/02/2019 | 1279 | 30 | Cloete | Dawie | 28/04/1971 | 48 | Male | 80 | Vets(M) | 21 | 01:17:44 | 96 | 23.16 | <input type="checkbox"/> |
| 17/02/2019 | 979 | 30 | Black | Michael | 18/04/1973 | 46 | Male | 81 | Vets(M) | 22 | 01:17:45 | 97 | 23.15 | <input type="checkbox"/> |
| 17/02/2019 | 1296 | 30 | Victor | Madelyne | 18/05/1970 | 49 | Female | 17 | Vets(F) | 3 | 01:17:48 | 98 | 23.14 | <input type="checkbox"/> |
| 17/02/2019 | 1206 | 30 | Van Jaarsveld | Jacques | 20/12/1979 | 40 | Male | 82 | Vets(M) | 23 | 01:17:53 | 99 | 23.11 | <input type="checkbox"/> |
| 17/02/2019 | 1226 | 30 | Smith | Alisha | 16/04/1984 | 35 | Female | 18 | Sub-vets(F) | 7 | 01:17:55 | 100 | 23.10 | <input type="checkbox"/> |
| 17/02/2019 | 923 | 30 | Nagel | Timothy | 28/08/1992 | 27 | Male | 83 | Senior(M) | 12 | 01:18:04 | 101 | 23.06 | <input type="checkbox"/> |
| 17/02/2019 | 821 | 30 | Botha | Morne | 03/02/1988 | 31 | Male | 84 | Sub-vets(M) | 10 | 01:18:16 | 102 | 23.00 | <input type="checkbox"/> |
| 17/02/2019 | 1035 | 30 | Thomas | Karla | 13/08/1981 | 38 | Female | 19 | Sub-vets(F) | 8 | 01:18:23 | 103 | 22.96 | <input type="checkbox"/> |
| 17/02/2019 | 1219 | 30 | Isaacs | Mark | 31/08/1978 | 41 | Male | 85 | Vets(M) | 24 | 01:18:28 | 104 | 22.94 | <input type="checkbox"/> |
| 17/02/2019 | 1167 | 30 | Slabber | Conrad | 07/12/1977 | 42 | Male | 86 | Vets(M) | 25 | 01:18:37 | 105 | 22.90 | <input type="checkbox"/> |
| 17/02/2019 | 1140 | 30 | Rohroff | Michelle | 27/02/1986 | 33 | Female | 20 | Sub-vets(F) | 9 | 01:18:46 | 106 | 22.85 | <input type="checkbox"/> |
| 17/02/2019 | 1182 | 30 | Friggens | Kim | 29/03/1978 | 41 | Female | 21 | Vets(F) | 4 | 01:19:04 | 107 | 22.77 | <input type="checkbox"/> |
| 17/02/2019 | 1126 | 30 | De Vries | Elzet | 24/01/1994 | 25 | Female | 22 | Senior(F) | 3 | 01:19:15 | 108 | 22.71 | <input type="checkbox"/> |
| 17/02/2019 | 1125 | 30 | Gerber | Johann Kemp | 05/11/1991 | 28 | Male | 87 | Senior(M) | 13 | 01:19:16 | 109 | 22.71 | <input type="checkbox"/> |
| 17/02/2019 | 933 | 30 | Dodd | Carla | 20/03/1995 | 24 | Female | 23 | Senior(F) | 4 | 01:19:29 | 110 | 22.65 | <input type="checkbox"/> |
| 17/02/2019 | 1479 | 30 | Andrade | Andre | 20/05/1960 | 59 | Male | 88 | Master(M) | 15 | 01:19:35 | 111 | 22.62 | <input type="checkbox"/> |
| 17/02/2019 | 1472 | 30 | De Lange | Liezl | 26/03/1987 | 32 | Female | 24 | Sub-vets(F) | 10 | 01:19:36 | 112 | 22.61 | <input type="checkbox"/> |
| 17/02/2019 | 1466 | 30 | Donaldson | Neylese | 29/10/1969 | 50 | Female | 25 | Master(F) | 5 | 01:19:38 | 113 | 22.60 | <input type="checkbox"/> |
| 17/02/2019 | 1209 | 30 | Wedderburn | William | 16/09/2005 | | Male | 89 | Youth(M) | 12 | 01:19:39 | 114 | 22.60 | <input type="checkbox"/> |
| 17/02/2019 | 1223 | 30 | McClean | Denise | 13/06/1965 | 54 | Female | 26 | Master(F) | 6 | 01:19:41 | 115 | 22.59 | <input type="checkbox"/> |
| 17/02/2019 | 951 | 30 | Frier | Robert | 02/07/1976 | 43 | Male | 90 | Vets(M) | 26 | 01:19:41 | 115 | 22.59 | <input type="checkbox"/> |
| 17/02/2019 | 1051 | 30 | Clark | Simon | 16/01/1977 | 42 | Male | 91 | Vets(M) | 27 | 01:19:42 | 117 | 22.58 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|---------------|----------------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1160 | 30 | Higgs | Aubrey | 30/10/1950 | 69 | Male | 92 | Grand Master(M) | 7 | 01:19:43 | 118 | 22.58 | <input type="checkbox"/> |
| 17/02/2019 | 1368 | 30 | McClean | Tiffany | 29/03/1996 | 23 | Female | 27 | Senior(F) | 5 | 01:19:44 | 119 | 22.58 | <input type="checkbox"/> |
| 17/02/2019 | 1361 | 30 | Holmboe | Andrew | 30/09/1970 | 49 | Male | 93 | Vets(M) | 28 | 01:19:49 | 120 | 22.55 | <input type="checkbox"/> |
| 17/02/2019 | 1183 | 30 | Lukie | Nabiel | 04/08/1967 | 52 | Male | 94 | Master(M) | 16 | 01:19:52 | 121 | 22.54 | <input type="checkbox"/> |
| 17/02/2019 | 820 | 30 | Potgieter | Albertyn | 09/09/1982 | 37 | Male | 95 | Sub-vets(M) | 11 | 01:19:54 | 122 | 22.53 | <input type="checkbox"/> |
| 17/02/2019 | 918 | 30 | Van Der Merwe | Gerda | 22/07/1970 | 49 | Female | 28 | Vets(F) | 5 | 01:19:55 | 123 | 22.52 | <input type="checkbox"/> |
| 17/02/2019 | 1437 | 30 | Gerber | Shuaan | 13/03/1983 | 36 | Male | 96 | Sub-vets(M) | 12 | 01:19:57 | 124 | 22.51 | <input type="checkbox"/> |
| 17/02/2019 | 1199 | 30 | Breetzke | Andrew | 02/06/2000 | 19 | Male | 97 | Senior(M) | 14 | 01:20:28 | 125 | 22.37 | <input type="checkbox"/> |
| 17/02/2019 | 1095 | 30 | Nelson | William | 01/05/1956 | 63 | Male | 98 | Grand Master(M) | 8 | 01:20:53 | 126 | 22.25 | <input type="checkbox"/> |
| 17/02/2019 | 1009 | 30 | Peskens | Kate | 10/01/1964 | 55 | Female | 29 | Master(F) | 7 | 01:20:55 | 127 | 22.25 | <input type="checkbox"/> |
| 17/02/2019 | 1170 | 30 | Phillips | Megan | 29/09/1976 | 43 | Female | 30 | Vets(F) | 6 | 01:20:56 | 128 | 22.24 | <input type="checkbox"/> |
| 17/02/2019 | 1171 | 30 | Phillips | Steven | 11/03/1975 | 44 | Male | 99 | Vets(M) | 29 | 01:20:57 | 129 | 22.24 | <input type="checkbox"/> |
| 17/02/2019 | 1074 | 30 | Swart | Alex | 15/09/1995 | 24 | Male | 100 | Senior(M) | 15 | 01:20:59 | 130 | 22.23 | <input type="checkbox"/> |
| 17/02/2019 | 1099 | 30 | Ricci | Megan | 09/05/1988 | 31 | Female | 31 | Sub-vets(F) | 11 | 01:21:00 | 131 | 22.22 | <input type="checkbox"/> |
| 17/02/2019 | 844 | 30 | van Jaarsveld | Andre Johannes | 01/05/1956 | 63 | Male | 101 | Grand Master(M) | 9 | 01:21:01 | 132 | 22.22 | <input type="checkbox"/> |
| 17/02/2019 | 845 | 30 | Matiwane | Jason | 06/11/1993 | 26 | Male | 102 | Senior(M) | 16 | 01:21:03 | 133 | 22.21 | <input type="checkbox"/> |
| 17/02/2019 | 952 | 30 | Barkhuizen | Barend | 17/02/1967 | 52 | Male | 103 | Master(M) | 17 | 01:21:04 | 134 | 22.20 | <input type="checkbox"/> |
| 17/02/2019 | 924 | 30 | Petzer | David | 11/07/1962 | 57 | Male | 104 | Master(M) | 18 | 01:21:06 | 135 | 22.19 | <input type="checkbox"/> |
| 17/02/2019 | 826 | 30 | Fouche | Monrico | 22/05/1979 | 40 | Male | 105 | Vets(M) | 30 | 01:21:10 | 136 | 22.18 | <input type="checkbox"/> |
| 17/02/2019 | 817 | 30 | Berg | Zhandrey | 30/04/1995 | 24 | Male | 106 | Senior(M) | 17 | 01:21:11 | 137 | 22.17 | <input type="checkbox"/> |
| 17/02/2019 | 945 | 30 | Roux | Hennie | 12/12/1954 | 65 | Male | 107 | Grand Master(M) | 10 | 01:21:12 | 138 | 22.17 | <input type="checkbox"/> |
| 17/02/2019 | 922 | 30 | Watson | Paul | 23/09/1994 | 25 | Male | 108 | Senior(M) | 18 | 01:21:14 | 139 | 22.16 | <input type="checkbox"/> |
| 17/02/2019 | 1061 | 30 | Fourie | Dewet | 16/03/1981 | 38 | Male | 109 | Sub-vets(M) | 13 | 01:21:18 | 140 | 22.14 | <input type="checkbox"/> |
| 17/02/2019 | 969 | 30 | Nagel | Ernest | 02/10/1960 | 59 | Male | 110 | Master(M) | 19 | 01:21:22 | 141 | 22.12 | <input type="checkbox"/> |
| 17/02/2019 | 919 | 30 | Bird | Robyn | 14/11/1971 | 48 | Female | 32 | Vets(F) | 7 | 01:21:23 | 142 | 22.12 | <input type="checkbox"/> |
| 17/02/2019 | 1185 | 30 | Dickson | Jaden | 24/07/2002 | 17 | Male | 111 | Junior(M) | 4 | 01:21:25 | 143 | 22.11 | <input type="checkbox"/> |
| 17/02/2019 | 1008 | 30 | Harvey | Cameron | 19/03/1982 | 37 | Male | 112 | Sub-vets(M) | 14 | 01:21:26 | 144 | 22.10 | <input type="checkbox"/> |
| 17/02/2019 | 1184 | 30 | Dickson | Craig | 31/08/1966 | 53 | Male | 113 | Master(M) | 20 | 01:21:27 | 145 | 22.10 | <input type="checkbox"/> |
| 17/02/2019 | 1070 | 30 | Louw | Erich | 26/02/1986 | 33 | Male | 114 | Sub-vets(M) | 15 | 01:21:28 | 146 | 22.09 | <input type="checkbox"/> |
| 17/02/2019 | 1281 | 30 | Nell | Rayne | 10/02/1960 | 59 | Male | 115 | Master(M) | 21 | 01:21:34 | 147 | 22.07 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|--------------------|-------------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1350 | 30 | Stein | Shane | 05/07/1986 | 33 | Male | 116 | Sub-vets(M) | 16 | 01:21:35 | 148 | 22.06 | <input type="checkbox"/> |
| 17/02/2019 | 1134 | 30 | Puttergill | Gregory | 22/02/1962 | 57 | Male | 117 | Master(M) | 22 | 01:21:37 | 149 | 22.05 | <input type="checkbox"/> |
| 17/02/2019 | 1282 | 30 | Levin | Joshua | 05/12/2002 | 17 | Male | 118 | Junior(M) | 5 | 01:21:39 | 150 | 22.05 | <input type="checkbox"/> |
| 17/02/2019 | 1491 | 30 | Vorster | Malcolm | 29/05/1984 | 35 | Male | 119 | Sub-vets(M) | 17 | 01:21:44 | 151 | 22.02 | <input type="checkbox"/> |
| 17/02/2019 | 1172 | 30 | Kellett | Mike | 11/06/1961 | 58 | Male | 120 | Master(M) | 23 | 01:21:45 | 152 | 22.02 | <input type="checkbox"/> |
| 17/02/2019 | 1138 | 30 | Passanah | Glenn | 15/08/1958 | 61 | Male | 121 | Grand Master(M) | 11 | 01:21:47 | 153 | 22.01 | <input type="checkbox"/> |
| 17/02/2019 | 971 | 30 | Rheeder | Gerrit | 13/02/1963 | 56 | Male | 122 | Master(M) | 24 | 01:21:49 | 154 | 22.00 | <input type="checkbox"/> |
| 17/02/2019 | 1068 | 30 | Comley | Jonathan | 20/05/1980 | 39 | Male | 123 | Sub-vets(M) | 18 | 01:21:52 | 155 | 21.99 | <input type="checkbox"/> |
| 17/02/2019 | 993 | 30 | Bayley | Garth | 15/08/1966 | 53 | Male | 124 | Master(M) | 25 | 01:21:56 | 156 | 21.97 | <input type="checkbox"/> |
| 17/02/2019 | 1383 | 30 | Turner | David | 07/10/1964 | 55 | Male | 125 | Master(M) | 26 | 01:21:57 | 157 | 21.96 | <input type="checkbox"/> |
| 17/02/2019 | 1041 | 30 | Heunis | Gerdri | 24/09/1974 | 45 | Female | 33 | Vets(F) | 8 | 01:21:59 | 158 | 21.96 | <input type="checkbox"/> |
| 17/02/2019 | 1191 | 30 | Botha | Juane | 03/11/1995 | 24 | Female | 34 | Senior(F) | 6 | 01:22:01 | 159 | 21.95 | <input type="checkbox"/> |
| 17/02/2019 | 1127 | 30 | Meyer | Harold | 02/04/1986 | 33 | Male | 126 | Sub-vets(M) | 19 | 01:22:02 | 160 | 21.94 | <input type="checkbox"/> |
| 17/02/2019 | 1198 | 30 | Pohlmann | Aimee | 02/03/1998 | 21 | Female | 35 | Senior(F) | 7 | 01:22:07 | 161 | 21.92 | <input type="checkbox"/> |
| 17/02/2019 | 1297 | 30 | Victor | Shaun | 21/07/1970 | 49 | Male | 127 | Vets(M) | 31 | 01:22:11 | 162 | 21.90 | <input type="checkbox"/> |
| 17/02/2019 | 1316 | 30 | Van Der Westhuizen | Eldridge | 26/12/1977 | 42 | Male | 128 | Vets(M) | 32 | 01:22:13 | 163 | 21.89 | <input type="checkbox"/> |
| 17/02/2019 | 1111 | 30 | Flanagan | Shaun | 16/05/1958 | 61 | Male | 129 | Grand Master(M) | 12 | 01:22:14 | 164 | 21.89 | <input type="checkbox"/> |
| 17/02/2019 | 1147 | 30 | Fourie | Mynard | 16/07/1959 | 60 | Male | 130 | Grand Master(M) | 13 | 01:22:16 | 165 | 21.88 | <input type="checkbox"/> |
| 17/02/2019 | 1013 | 30 | Van Der Mescht | Ryan | 17/03/1981 | 38 | Male | 131 | Sub-vets(M) | 20 | 01:22:18 | 166 | 21.87 | <input type="checkbox"/> |
| 17/02/2019 | 1014 | 30 | Kemp | Werner | 21/04/1983 | 36 | Male | 132 | Sub-vets(M) | 21 | 01:22:19 | 167 | 21.87 | <input type="checkbox"/> |
| 17/02/2019 | 1210 | 30 | Gardiner | Craig | 30/11/1977 | 42 | Male | 133 | Vets(M) | 33 | 01:22:20 | 168 | 21.86 | <input type="checkbox"/> |
| 17/02/2019 | 1006 | 30 | Tiltmann | Stuart | 04/08/2005 | 14 | Male | 134 | Sub-Junior(M) | 6 | 01:22:23 | 169 | 21.85 | <input type="checkbox"/> |
| 17/02/2019 | 1082 | 30 | Liebenberg | Hanneli | 19/04/1991 | 28 | Female | 36 | Senior(F) | 8 | 01:22:29 | 170 | 21.82 | <input type="checkbox"/> |
| 17/02/2019 | 1452 | 30 | Oxenham | Kimberleigh | 07/02/1993 | 26 | Female | 37 | Senior(F) | 9 | 01:22:36 | 171 | 21.79 | <input type="checkbox"/> |
| 17/02/2019 | 1139 | 30 | Savahl | Munier | 09/09/1964 | 55 | Male | 135 | Master(M) | 27 | 01:23:11 | 172 | 21.64 | <input type="checkbox"/> |
| 17/02/2019 | 1057 | 30 | Wilson | Bertie | 26/05/1960 | 59 | Male | 136 | Master(M) | 28 | 01:23:14 | 173 | 21.63 | <input type="checkbox"/> |
| 17/02/2019 | 833 | 30 | Martins Ferreira | Nuno Filipe | 10/09/1978 | 41 | Male | 137 | Vets(M) | 34 | 01:23:16 | 174 | 21.62 | <input type="checkbox"/> |
| 17/02/2019 | 1044 | 30 | Horne | Michael | 05/12/1988 | 31 | Male | 138 | Sub-vets(M) | 22 | 01:23:25 | 175 | 21.58 | <input type="checkbox"/> |
| 17/02/2019 | 954 | 30 | Rootman | Marietjie | 14/01/1970 | 49 | Female | 38 | Vets(F) | 9 | 01:23:27 | 176 | 21.57 | <input type="checkbox"/> |
| 17/02/2019 | 964 | 30 | Steynbergh | Andre | 03/04/1966 | 53 | Male | 139 | Master(M) | 29 | 01:23:29 | 177 | 21.56 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|--------------|--------------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1303 | 30 | Chamier | Gareth | 20/02/1980 | 39 | Male | 140 | Sub-vets(M) | 23 | 01:23:33 | 178 | 21.54 | <input type="checkbox"/> |
| 17/02/2019 | 1465 | 30 | Burton | Loren | 06/06/1986 | 33 | Female | 39 | Sub-vets(F) | 12 | 01:23:35 | 179 | 21.54 | <input type="checkbox"/> |
| 17/02/2019 | 1372 | 30 | Gravett | Wayne | 20/06/1965 | 54 | Male | 141 | Master(M) | 30 | 01:23:37 | 180 | 21.53 | <input type="checkbox"/> |
| 17/02/2019 | 1245 | 30 | Miskin | Grant | 03/01/1994 | 25 | Male | 142 | Senior(M) | 19 | 01:23:56 | 181 | 21.45 | <input type="checkbox"/> |
| 17/02/2019 | 1034 | 30 | Pommerel | Corne | 03/04/1981 | 38 | Male | 143 | Sub-vets(M) | 24 | 01:24:05 | 182 | 21.41 | <input type="checkbox"/> |
| 17/02/2019 | 1197 | 30 | Watson | Brian | 06/07/1960 | 59 | Male | 144 | Master(M) | 31 | 01:24:07 | 183 | 21.40 | <input type="checkbox"/> |
| 17/02/2019 | 957 | 30 | Botha | Jacques | 11/04/1974 | 45 | Male | 145 | Vets(M) | 35 | 01:24:10 | 184 | 21.39 | <input type="checkbox"/> |
| 17/02/2019 | 1326 | 30 | Mel | Welmans | 12/02/1969 | 50 | Male | 146 | Master(M) | 32 | 01:24:12 | 185 | 21.38 | <input type="checkbox"/> |
| 17/02/2019 | 1318 | 30 | Amos | Melissa | 20/12/2001 | 18 | Female | 40 | Junior(F) | 1 | 01:24:14 | 186 | 21.37 | <input type="checkbox"/> |
| 17/02/2019 | 1317 | 30 | Amos | Trevor | 29/12/1967 | 52 | Male | 147 | Master(M) | 33 | 01:24:16 | 187 | 21.36 | <input type="checkbox"/> |
| 17/02/2019 | 1213 | 30 | Oosthuizen | Barend | 21/02/1979 | 40 | Male | 148 | Vets(M) | 36 | 01:24:37 | 188 | 21.27 | <input type="checkbox"/> |
| 17/02/2019 | 1386 | 30 | Greeff | Ryno | 02/03/1988 | 31 | Male | 149 | Sub-vets(M) | 25 | 01:24:40 | 189 | 21.26 | <input type="checkbox"/> |
| 17/02/2019 | 1118 | 30 | Sirkhotte | Naasif | 07/08/1981 | 38 | Male | 150 | Sub-vets(M) | 26 | 01:24:44 | 190 | 21.24 | <input type="checkbox"/> |
| 17/02/2019 | 1119 | 30 | Nathie | Riyaad | 19/12/1981 | 38 | Male | 151 | Sub-vets(M) | 27 | 01:24:46 | 191 | 21.23 | <input type="checkbox"/> |
| 17/02/2019 | 1424 | 30 | Gouws | Brendan | 29/07/2000 | 19 | Male | 152 | Senior(M) | 20 | 01:24:47 | 192 | 21.23 | <input type="checkbox"/> |
| 17/02/2019 | 1264 | 30 | Schoonbee | Simone | 15/02/2001 | 18 | Female | 41 | Junior(F) | 2 | 01:24:49 | 193 | 21.22 | <input type="checkbox"/> |
| 17/02/2019 | 1235 | 30 | Bonthuys | Michael John | 01/07/1958 | 61 | Male | 153 | Grand Master(M) | 14 | 01:24:51 | 194 | 21.21 | <input type="checkbox"/> |
| 17/02/2019 | 1478 | 30 | Westenberk | Baden | 26/08/1957 | 62 | Male | 154 | Grand Master(M) | 15 | 01:24:52 | 195 | 21.21 | <input type="checkbox"/> |
| 17/02/2019 | 1354 | 30 | Brooks | Andre | 08/04/1965 | 54 | Male | 155 | Master(M) | 34 | 01:24:54 | 196 | 21.20 | <input type="checkbox"/> |
| 17/02/2019 | 1270 | 30 | Esterhuizen | Vernon | 08/11/1983 | 36 | Male | 156 | Sub-vets(M) | 28 | 01:24:57 | 197 | 21.19 | <input type="checkbox"/> |
| 17/02/2019 | 1380 | 30 | Van Den Berg | Lindre | 20/03/1998 | 21 | Female | 42 | Senior(F) | 10 | 01:25:00 | 198 | 21.18 | <input type="checkbox"/> |
| 17/02/2019 | 1468 | 30 | Blane | Lawrence | 18/12/1959 | 60 | Male | 157 | Grand Master(M) | 16 | 01:25:07 | 199 | 21.15 | <input type="checkbox"/> |
| 17/02/2019 | 1266 | 30 | Verewy | Vicky | 15/03/1989 | 30 | Female | 43 | Sub-vets(F) | 13 | 01:25:12 | 200 | 21.13 | <input type="checkbox"/> |
| 17/02/2019 | 1039 | 30 | Labuschagne | Pieter | 22/07/1952 | 67 | Male | 158 | Grand Master(M) | 17 | 01:25:16 | 201 | 21.11 | <input type="checkbox"/> |
| 17/02/2019 | 1339 | 30 | Sweetnam | Catherine | 22/01/1975 | 44 | Female | 44 | Vets(F) | 10 | 01:25:29 | 202 | 21.06 | <input type="checkbox"/> |
| 17/02/2019 | 1448 | 30 | Waudby | Catherine | 03/05/1981 | 38 | Female | 45 | Sub-vets(F) | 14 | 01:25:31 | 203 | 21.05 | <input type="checkbox"/> |
| 17/02/2019 | 1370 | 30 | Waudby | Mark | 15/05/1979 | 40 | Male | 159 | Vets(M) | 37 | 01:25:32 | 204 | 21.04 | <input type="checkbox"/> |
| 17/02/2019 | 1422 | 30 | Ferreira | Luke | 11/09/2001 | 18 | Male | 160 | Junior(M) | 6 | 01:25:34 | 205 | 21.04 | <input type="checkbox"/> |
| 17/02/2019 | 1042 | 30 | Welgemoed | Grant | 12/04/1983 | 36 | Male | 161 | Sub-vets(M) | 29 | 01:25:39 | 206 | 21.02 | <input type="checkbox"/> |
| 17/02/2019 | 1401 | 30 | Strydom | Denise | 17/08/1973 | 46 | Female | 46 | Vets(F) | 11 | 01:25:41 | 207 | 21.01 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|------------|------------|------------|-----|--------|----------|-------------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1276 | 30 | Hall | Wesley | 26/02/1987 | 32 | Male | 162 | Sub-vets(M) | 30 | 01:25:43 | 208 | 21.00 | <input type="checkbox"/> |
| 17/02/2019 | 1124 | 30 | Wicht | Chantal | 06/05/1966 | 53 | Female | 47 | Master(F) | 8 | 01:25:47 | 209 | 20.98 | <input type="checkbox"/> |
| 17/02/2019 | 1010 | 30 | Smith | Darryl | 02/08/1948 | 71 | Male | 163 | Great Grand Maste | 1 | 01:25:51 | 210 | 20.97 | <input type="checkbox"/> |
| 17/02/2019 | 1387 | 30 | Pettitt | Juannette | 26/10/1973 | 46 | Female | 48 | Vets(F) | 12 | 01:25:57 | 211 | 20.94 | <input type="checkbox"/> |
| 17/02/2019 | 858 | 30 | Killian | Viljoen | 22/01/1976 | 43 | Male | 164 | Vets(M) | 38 | 01:26:00 | 212 | 20.93 | <input type="checkbox"/> |
| 17/02/2019 | 1105 | 30 | Barnard | Robert | 01/05/1958 | 61 | Male | 165 | Grand Master(M) | 18 | 01:26:02 | 213 | 20.92 | <input type="checkbox"/> |
| 17/02/2019 | 1260 | 30 | Giulietti | Chantell | 02/12/1977 | 42 | Female | 49 | Vets(F) | 13 | 01:26:09 | 214 | 20.89 | <input type="checkbox"/> |
| 17/02/2019 | 970 | 30 | Rheeder | Adele | 04/06/1961 | 58 | Female | 50 | Master(F) | 9 | 01:26:15 | 215 | 20.87 | <input type="checkbox"/> |
| 17/02/2019 | 1091 | 30 | Manthe | Connor | 10/06/1995 | 24 | Male | 166 | Senior(M) | 21 | 01:26:19 | 216 | 20.85 | <input type="checkbox"/> |
| 17/02/2019 | 1075 | 30 | Brummer | Rouan | 12/01/1981 | 38 | Male | 167 | Sub-vets(M) | 31 | 01:26:22 | 217 | 20.84 | <input type="checkbox"/> |
| 17/02/2019 | 1150 | 30 | Frost | Samantha | 28/03/1989 | 30 | Female | 51 | Sub-vets(F) | 15 | 01:26:28 | 218 | 20.82 | <input type="checkbox"/> |
| 17/02/2019 | 1149 | 30 | Bean | Justin | 20/02/1984 | 35 | Male | 168 | Sub-vets(M) | 32 | 01:26:30 | 219 | 20.81 | <input type="checkbox"/> |
| 17/02/2019 | 1020 | 30 | Van Rooyen | Ilse | 05/03/1983 | 36 | Female | 52 | Sub-vets(F) | 16 | 01:26:35 | 220 | 20.79 | <input type="checkbox"/> |
| 17/02/2019 | 1031 | 30 | Van Rooyen | Dewald | 21/04/1981 | 38 | Male | 169 | Sub-vets(M) | 33 | 01:26:39 | 221 | 20.77 | <input type="checkbox"/> |
| 17/02/2019 | 1033 | 30 | Els | Angelo | 31/08/1972 | 47 | Male | 170 | Vets(M) | 39 | 01:26:42 | 222 | 20.76 | <input type="checkbox"/> |
| 17/02/2019 | 1055 | 30 | Du Plessis | Martin | 15/06/1983 | 36 | Male | 171 | Sub-vets(M) | 34 | 01:26:51 | 223 | 20.73 | <input type="checkbox"/> |
| 17/02/2019 | 937 | 30 | Goodall | Victoria | 26/08/1981 | 38 | Female | 53 | Sub-vets(F) | 17 | 01:26:57 | 224 | 20.70 | <input type="checkbox"/> |
| 17/02/2019 | 1053 | 30 | Horn | Rouxle | 20/07/1993 | 26 | Female | 54 | Senior(F) | 11 | 01:27:03 | 225 | 20.68 | <input type="checkbox"/> |
| 17/02/2019 | 1204 | 30 | Muller | Nathan | 11/09/2001 | 18 | Male | 172 | Junior(M) | 7 | 01:27:05 | 226 | 20.67 | <input type="checkbox"/> |
| 17/02/2019 | 1295 | 30 | S | Gysie | 18/08/2005 | 14 | Male | 173 | Sub-Junior(M) | 7 | 01:27:09 | 227 | 20.65 | <input type="checkbox"/> |
| 17/02/2019 | 1230 | 30 | Cash | Carol-anne | 28/06/1970 | 49 | Female | 55 | Vets(F) | 14 | 01:27:14 | 228 | 20.63 | <input type="checkbox"/> |
| 17/02/2019 | 1161 | 30 | Harvey | Neil | 30/06/1970 | 49 | Male | 174 | Vets(M) | 40 | 01:27:23 | 229 | 20.60 | <input type="checkbox"/> |
| 17/02/2019 | 1456 | 30 | Human | Russell | 09/05/2000 | 19 | Male | 175 | Senior(M) | 22 | 01:27:26 | 230 | 20.59 | <input type="checkbox"/> |
| 17/02/2019 | 842 | 30 | Mitchell | Craig | 02/06/1962 | 57 | Male | 176 | Master(M) | 35 | 01:27:28 | 231 | 20.58 | <input type="checkbox"/> |
| 17/02/2019 | 1169 | 30 | Rautenbach | Rautie | 05/12/1959 | 60 | Male | 177 | Grand Master(M) | 19 | 01:27:41 | 232 | 20.53 | <input type="checkbox"/> |
| 17/02/2019 | 1385 | 30 | Van Schoor | Dawn | 13/09/1952 | 67 | Female | 56 | Grand Master(F) | 1 | 01:28:09 | 233 | 20.42 | <input type="checkbox"/> |
| 17/02/2019 | 1346 | 30 | Stone | Dylan | 25/04/1992 | 27 | Male | 178 | Senior(M) | 23 | 01:28:12 | 234 | 20.41 | <input type="checkbox"/> |
| 17/02/2019 | 1343 | 30 | Stone | Laurence | 11/02/1957 | 62 | Male | 179 | Grand Master(M) | 20 | 01:28:13 | 235 | 20.40 | <input type="checkbox"/> |
| 17/02/2019 | 831 | 30 | de Jager | Flip | 20/07/1968 | 51 | Male | 180 | Master(M) | 36 | 01:28:15 | 236 | 20.40 | <input type="checkbox"/> |
| 17/02/2019 | 1163 | 30 | Cronje | Johann | 19/03/1965 | 54 | Male | 181 | Master(M) | 37 | 01:28:30 | 237 | 20.34 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|------------|-----------------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1375 | 30 | Reddering | Carla | 10/02/1967 | 52 | Female | 57 | Master(F) | 10 | 01:28:32 | 238 | 20.33 | <input type="checkbox"/> |
| 17/02/2019 | 1267 | 30 | Coleman | Wendy | 15/05/1964 | 55 | Female | 58 | Master(F) | 11 | 01:28:43 | 239 | 20.29 | <input type="checkbox"/> |
| 17/02/2019 | 829 | 30 | McCallum | Luci | 13/11/1970 | 49 | Female | 59 | Vets(F) | 15 | 01:29:03 | 240 | 20.21 | <input type="checkbox"/> |
| 17/02/2019 | 830 | 30 | Boonzaier | Candy | 16/01/1974 | 45 | Female | 60 | Vets(F) | 16 | 01:29:04 | 241 | 20.21 | <input type="checkbox"/> |
| 17/02/2019 | 1262 | 30 | Schoonbee | Johlene | 24/02/1978 | 41 | Female | 61 | Vets(F) | 17 | 01:29:06 | 242 | 20.20 | <input type="checkbox"/> |
| 17/02/2019 | 1261 | 30 | Schoonbee | Ezra | 30/08/1968 | 51 | Male | 182 | Master(M) | 38 | 01:29:08 | 243 | 20.19 | <input type="checkbox"/> |
| 17/02/2019 | 1345 | 30 | Goussard | Liezel | 19/06/1982 | 37 | Female | 62 | Sub-vets(F) | 18 | 01:29:10 | 244 | 20.19 | <input type="checkbox"/> |
| 17/02/2019 | 1451 | 30 | Human | Sjani | 08/04/1970 | 49 | Female | 63 | Vets(F) | 18 | 01:29:12 | 245 | 20.18 | <input type="checkbox"/> |
| 17/02/2019 | 1043 | 30 | Krige | Zelda | 02/06/1960 | 59 | Female | 64 | Master(F) | 12 | 01:29:14 | 246 | 20.17 | <input type="checkbox"/> |
| 17/02/2019 | 1195 | 30 | Kruger | Jaco | 14/08/1974 | 45 | Male | 183 | Vets(M) | 41 | 01:29:19 | 247 | 20.15 | <input type="checkbox"/> |
| 17/02/2019 | 1474 | 30 | Kelly | Greg | 15/03/1976 | 43 | Male | 184 | Vets(M) | 42 | 01:29:29 | 248 | 20.12 | <input type="checkbox"/> |
| 17/02/2019 | 1404 | 30 | Voges | Nicola | 12/10/2003 | 16 | Female | 65 | Youth(F) | 2 | 01:29:33 | 249 | 20.10 | <input type="checkbox"/> |
| 17/02/2019 | 1476 | 30 | Baxter | Jeremy | 12/10/1965 | 54 | Male | 185 | Master(M) | 39 | 01:29:34 | 250 | 20.10 | <input type="checkbox"/> |
| 17/02/2019 | 1142 | 30 | Walter | Sojen | 06/10/1966 | 53 | Female | 66 | Master(F) | 13 | 01:29:35 | 251 | 20.09 | <input type="checkbox"/> |
| 17/02/2019 | 1194 | 30 | Mouton | H | 15/07/1964 | 55 | Male | 186 | Master(M) | 40 | 01:29:37 | 252 | 20.09 | <input type="checkbox"/> |
| 17/02/2019 | 1107 | 30 | Wakeford | Jackie | 08/08/1963 | 56 | Female | 67 | Master(F) | 14 | 01:29:42 | 253 | 20.07 | <input type="checkbox"/> |
| 17/02/2019 | 941 | 30 | Manefeldt | Morne | 12/12/1971 | 48 | Male | 187 | Vets(M) | 43 | 01:29:55 | 254 | 20.02 | <input type="checkbox"/> |
| 17/02/2019 | 1060 | 30 | Slabbert | Tertius | 18/04/1972 | 47 | Male | 188 | Vets(M) | 44 | 01:29:56 | 255 | 20.01 | <input type="checkbox"/> |
| 17/02/2019 | 956 | 30 | Rens | Corlia | 04/06/1994 | 25 | Female | 68 | Senior(F) | 12 | 01:30:10 | 256 | 19.96 | <input type="checkbox"/> |
| 17/02/2019 | 1179 | 30 | Hoffmann | Andrew | 12/03/1972 | 47 | Male | 189 | Vets(M) | 45 | 01:30:15 | 257 | 19.94 | <input type="checkbox"/> |
| 17/02/2019 | 1440 | 30 | Rensburg | Kurt | 01/01/1991 | 28 | Male | 190 | Senior(M) | 24 | 01:30:22 | 258 | 19.92 | <input type="checkbox"/> |
| 17/02/2019 | 1190 | 30 | Castle | Christopher | 13/04/1953 | 66 | Male | 191 | Grand Master(M) | 21 | 01:30:25 | 259 | 19.91 | <input type="checkbox"/> |
| 17/02/2019 | 1072 | 30 | Hawkins | Trevor | 09/02/1960 | 59 | Male | 192 | Master(M) | 41 | 01:31:00 | 260 | 19.78 | <input type="checkbox"/> |
| 17/02/2019 | 1162 | 30 | Weidner | Sandra | 05/09/1965 | 54 | Female | 69 | Master(F) | 15 | 01:31:01 | 261 | 19.78 | <input type="checkbox"/> |
| 17/02/2019 | 1236 | 30 | Whitefield | William | 13/01/1971 | 48 | Male | 193 | Vets(M) | 46 | 01:31:12 | 262 | 19.74 | <input type="checkbox"/> |
| 17/02/2019 | 947 | 30 | Oosthuizen | U | 26/02/1976 | 43 | Female | 70 | Vets(F) | 19 | 01:31:13 | 263 | 19.73 | <input type="checkbox"/> |
| 17/02/2019 | 1121 | 30 | Rainier | Rob | 04/08/1961 | 58 | Male | 194 | Master(M) | 42 | 01:31:19 | 264 | 19.71 | <input type="checkbox"/> |
| 17/02/2019 | 1077 | 30 | Harris | Stephen Raymond | 27/07/1965 | 54 | Male | 195 | Master(M) | 43 | 01:31:22 | 265 | 19.70 | <input type="checkbox"/> |
| 17/02/2019 | 1092 | 30 | Scholtz | Jaco | 28/12/1975 | 44 | Male | 196 | Vets(M) | 47 | 01:31:24 | 266 | 19.69 | <input type="checkbox"/> |
| 17/02/2019 | 986 | 30 | Michels | Tirsa | 07/03/1973 | 46 | Female | 71 | Vets(F) | 20 | 01:31:34 | 267 | 19.66 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|--------------------|-------------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1366 | 30 | Jensen | Jen | 17/03/1968 | 51 | Female | 72 | Master(F) | 16 | 01:31:41 | 268 | 19.63 | <input type="checkbox"/> |
| 17/02/2019 | 932 | 30 | Fulton | Dawn | 04/06/1980 | 39 | Female | 73 | Sub-vets(F) | 19 | 01:31:52 | 269 | 19.59 | <input type="checkbox"/> |
| 17/02/2019 | 1442 | 30 | Rodgerson | Jean | 05/04/1963 | 56 | Female | 74 | Master(F) | 17 | 01:31:54 | 270 | 19.59 | <input type="checkbox"/> |
| 17/02/2019 | 1445 | 30 | Jansen Van Rensbur | Marius | 22/04/1970 | 49 | Male | 197 | Vets(M) | 48 | 01:32:01 | 271 | 19.56 | <input type="checkbox"/> |
| 17/02/2019 | 1430 | 30 | Botha | Jean | 30/01/1963 | 56 | Male | 198 | Master(M) | 44 | 01:32:17 | 272 | 19.51 | <input type="checkbox"/> |
| 17/02/2019 | 1212 | 30 | Qodirov | Zokir | 25/06/1975 | 44 | Male | 199 | Vets(M) | 49 | 01:32:19 | 273 | 19.50 | <input type="checkbox"/> |
| 17/02/2019 | 1157 | 30 | Bezuidenhout | Charl | 07/09/1987 | 32 | Male | 200 | Sub-vets(M) | 35 | 01:32:22 | 274 | 19.49 | <input type="checkbox"/> |
| 17/02/2019 | 1158 | 30 | Bresenham | Dana | 07/03/1994 | 25 | Female | 75 | Senior(F) | 13 | 01:32:24 | 275 | 19.48 | <input type="checkbox"/> |
| 17/02/2019 | 1454 | 30 | Guest | Allayne | 29/01/1974 | 45 | Male | 201 | Vets(M) | 50 | 01:32:26 | 276 | 19.47 | <input type="checkbox"/> |
| 17/02/2019 | 1129 | 30 | Cooney | Kim | 08/01/1969 | 50 | Female | 76 | Master(F) | 18 | 01:32:32 | 277 | 19.45 | <input type="checkbox"/> |
| 17/02/2019 | 1431 | 30 | Stirk | Karen | 16/01/1968 | 51 | Female | 77 | Master(F) | 19 | 01:32:33 | 278 | 19.45 | <input type="checkbox"/> |
| 17/02/2019 | 1443 | 30 | Neethling | Lily | 26/04/1975 | 44 | Female | 78 | Vets(F) | 21 | 01:32:35 | 279 | 19.44 | <input type="checkbox"/> |
| 17/02/2019 | 1388 | 30 | Baker | Armand | 01/10/2002 | 17 | Male | 202 | Junior(M) | 8 | 01:32:39 | 280 | 19.43 | <input type="checkbox"/> |
| 17/02/2019 | 1113 | 30 | Mcmillan | Kenneth | 20/01/1983 | 36 | Male | 203 | Sub-vets(M) | 36 | 01:32:44 | 281 | 19.41 | <input type="checkbox"/> |
| 17/02/2019 | 975 | 30 | Deyssel | Drusilla | 11/01/1964 | 55 | Female | 79 | Master(F) | 20 | 01:32:47 | 282 | 19.40 | <input type="checkbox"/> |
| 17/02/2019 | 1228 | 30 | Harkin | Danielle | 17/10/1995 | 24 | Female | 80 | Senior(F) | 14 | 01:32:59 | 283 | 19.36 | <input type="checkbox"/> |
| 17/02/2019 | 1115 | 30 | Rainier | Teresa | 25/02/1962 | 57 | Female | 81 | Master(F) | 21 | 01:33:07 | 284 | 19.33 | <input type="checkbox"/> |
| 17/02/2019 | 1399 | 30 | Myburgh | Wendy Lee | 12/07/1969 | 50 | Female | 82 | Master(F) | 22 | 01:33:08 | 285 | 19.33 | <input type="checkbox"/> |
| 17/02/2019 | 1374 | 30 | Bevan | Lynty | 23/03/1968 | 51 | Female | 83 | Master(F) | 23 | 01:33:10 | 286 | 19.32 | <input type="checkbox"/> |
| 17/02/2019 | 1397 | 30 | Rumbelow | Evan | 09/01/1970 | 49 | Male | 204 | Vets(M) | 51 | 01:33:12 | 287 | 19.31 | <input type="checkbox"/> |
| 17/02/2019 | 961 | 30 | Sisson | Dawn | 01/04/1964 | 55 | Female | 84 | Master(F) | 24 | 01:33:14 | 288 | 19.31 | <input type="checkbox"/> |
| 17/02/2019 | 1180 | 30 | Wood | Sharon Anne | 17/12/1971 | 48 | Female | 85 | Vets(F) | 22 | 01:33:15 | 289 | 19.30 | <input type="checkbox"/> |
| 17/02/2019 | 1103 | 30 | Swiegelaar | Shawn | 24/11/1971 | 48 | Male | 205 | Vets(M) | 52 | 01:33:34 | 290 | 19.24 | <input type="checkbox"/> |
| 17/02/2019 | 953 | 30 | Hendricks | Lloyd | 28/01/1994 | 25 | Male | 206 | Senior(M) | 25 | 01:33:36 | 291 | 19.23 | <input type="checkbox"/> |
| 17/02/2019 | 1090 | 30 | Manthe | Cameron | 29/03/1989 | 30 | Male | 207 | Sub-vets(M) | 37 | 01:33:39 | 292 | 19.22 | <input type="checkbox"/> |
| 17/02/2019 | 1089 | 30 | Manthe | Steven | 08/01/1963 | 56 | Male | 208 | Master(M) | 45 | 01:33:41 | 293 | 19.21 | <input type="checkbox"/> |
| 17/02/2019 | 1164 | 30 | Du Preez | Rene | 12/10/1955 | 64 | Male | 209 | Grand Master(M) | 22 | 01:33:43 | 294 | 19.21 | <input type="checkbox"/> |
| 17/02/2019 | 818 | 30 | Giuricich | Hayley | 21/09/1977 | 42 | Female | 86 | Vets(F) | 23 | 01:33:49 | 295 | 19.19 | <input type="checkbox"/> |
| 17/02/2019 | 1047 | 30 | Meyer | Wilhelm | 08/08/1982 | 37 | Male | 210 | Sub-vets(M) | 38 | 01:33:57 | 296 | 19.16 | <input type="checkbox"/> |
| 17/02/2019 | 1299 | 30 | Kolesky | Marco | 08/10/2004 | 15 | Male | 211 | Youth(M) | 13 | 01:34:00 | 297 | 19.15 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|----------------|--------------|------------|-----|--------|----------|-------------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 917 | 30 | Sandison | Alida | 14/09/1977 | 42 | Female | 87 | Vets(F) | 24 | 01:34:01 | 298 | 19.15 | <input type="checkbox"/> |
| 17/02/2019 | 1177 | 30 | Van Tonder | Ruan | 10/08/1978 | 41 | Male | 212 | Vets(M) | 53 | 01:34:10 | 299 | 19.12 | <input type="checkbox"/> |
| 17/02/2019 | 1319 | 30 | Goosen | Michael | 09/10/1959 | 60 | Male | 213 | Grand Master(M) | 23 | 01:34:12 | 300 | 19.11 | <input type="checkbox"/> |
| 17/02/2019 | 1193 | 30 | Verster | Yolandi | 07/06/1986 | 33 | Female | 88 | Sub-vets(F) | 20 | 01:34:17 | 301 | 19.09 | <input type="checkbox"/> |
| 17/02/2019 | 1174 | 30 | Raga | Ishaan | 17/01/2005 | 14 | Male | 214 | Sub-Junior(M) | 8 | 01:34:22 | 302 | 19.07 | <input type="checkbox"/> |
| 17/02/2019 | 1045 | 30 | Berglund | Madelynne | 14/02/1991 | 28 | Female | 89 | Senior(F) | 15 | 01:34:33 | 303 | 19.04 | <input type="checkbox"/> |
| 17/02/2019 | 1176 | 30 | Williams | Layla-jade | 05/09/1975 | 44 | Female | 90 | Vets(F) | 25 | 01:34:43 | 304 | 19.00 | <input type="checkbox"/> |
| 17/02/2019 | 1133 | 30 | Van Jaarsveldt | Matthew | 13/11/1985 | 34 | Male | 215 | Sub-vets(M) | 39 | 01:34:44 | 305 | 19.00 | <input type="checkbox"/> |
| 17/02/2019 | 1132 | 30 | Van Jaarsveldt | Tennille | 22/11/1985 | 34 | Female | 91 | Sub-vets(F) | 21 | 01:34:46 | 306 | 18.99 | <input type="checkbox"/> |
| 17/02/2019 | 1048 | 30 | Botes | Shevaughn | 28/02/1981 | 38 | Female | 92 | Sub-vets(F) | 22 | 01:34:49 | 307 | 18.98 | <input type="checkbox"/> |
| 17/02/2019 | 1141 | 30 | Campbell | Judith | 14/04/1969 | 50 | Female | 93 | Master(F) | 25 | 01:34:55 | 308 | 18.96 | <input type="checkbox"/> |
| 17/02/2019 | 1200 | 30 | Liebenberg | Johann | 24/05/1966 | 53 | Male | 216 | Master(M) | 46 | 01:35:21 | 309 | 18.88 | <input type="checkbox"/> |
| 17/02/2019 | 1249 | 30 | Szabo | George | 05/04/1948 | 71 | Male | 217 | Great Grand Maste | 2 | 01:35:24 | 310 | 18.87 | <input type="checkbox"/> |
| 17/02/2019 | 1296 | 30 | Victor | Madelyne | 18/05/1970 | 49 | Female | 94 | Vets(F) | 26 | 01:35:29 | 311 | 18.85 | <input type="checkbox"/> |
| 17/02/2019 | 1037 | 30 | Terblanche | Marius | 19/01/1969 | 50 | Male | 218 | Master(M) | 47 | 01:35:55 | 312 | 18.77 | <input type="checkbox"/> |
| 17/02/2019 | 1315 | 30 | Potgieter | Etienne | 09/06/1982 | 37 | Male | 219 | Sub-vets(M) | 40 | 01:36:05 | 313 | 18.73 | <input type="checkbox"/> |
| 17/02/2019 | 915 | 30 | Felizardo | Joao | 03/01/1954 | 65 | Male | 220 | Grand Master(M) | 24 | 01:36:08 | 314 | 18.72 | <input type="checkbox"/> |
| 17/02/2019 | 1087 | 30 | Naran | Tulsidas | 20/04/1954 | 65 | Male | 221 | Grand Master(M) | 25 | 01:36:11 | 315 | 18.71 | <input type="checkbox"/> |
| 17/02/2019 | 904 | 30 | Solomon | Wajdie | 14/12/1964 | 55 | Male | 222 | Master(M) | 48 | 01:36:12 | 316 | 18.71 | <input type="checkbox"/> |
| 17/02/2019 | 1238 | 30 | Nel | Dandrei | 03/10/1977 | 42 | Male | 223 | Vets(M) | 54 | 01:36:14 | 317 | 18.70 | <input type="checkbox"/> |
| 17/02/2019 | 1237 | 30 | Greyling | Gerhard | 24/01/1967 | 52 | Male | 224 | Master(M) | 49 | 01:36:17 | 318 | 18.69 | <input type="checkbox"/> |
| 17/02/2019 | 1240 | 30 | Myburgh | Ruan | 10/01/1990 | 29 | Male | 225 | Senior(M) | 26 | 01:36:19 | 319 | 18.69 | <input type="checkbox"/> |
| 17/02/2019 | 987 | 30 | Michels | Derk | 22/07/1969 | 50 | Male | 226 | Master(M) | 50 | 01:36:20 | 320 | 18.69 | <input type="checkbox"/> |
| 17/02/2019 | 1087 | 30 | Naran | Tulsidas | 20/04/1954 | 65 | Male | 227 | Grand Master(M) | 26 | 01:36:23 | 321 | 18.68 | <input type="checkbox"/> |
| 17/02/2019 | 1310 | 30 | Muller | Nicholas | 04/06/1956 | 63 | Male | 228 | Grand Master(M) | 27 | 01:36:29 | 322 | 18.66 | <input type="checkbox"/> |
| 17/02/2019 | 1312 | 30 | Harker | Lee-ann | 23/08/1985 | 34 | Female | 95 | Sub-vets(F) | 23 | 01:36:31 | 323 | 18.65 | <input type="checkbox"/> |
| 17/02/2019 | 1025 | 30 | Zietsman | Johan | 21/04/1983 | 36 | Male | 229 | Sub-vets(M) | 41 | 01:36:39 | 324 | 18.62 | <input type="checkbox"/> |
| 17/02/2019 | 1369 | 30 | Smith | Gary Michael | 06/07/1971 | 48 | Male | 230 | Vets(M) | 55 | 01:36:48 | 325 | 18.60 | <input type="checkbox"/> |
| 17/02/2019 | 1395 | 30 | Nel | Jolene | 12/02/2005 | 14 | Female | 96 | Sub-Junior(F) | 2 | 01:36:50 | 326 | 18.59 | <input type="checkbox"/> |
| 17/02/2019 | 1483 | 30 | Smit | Leone | 20/12/1991 | 28 | Female | 97 | Senior(F) | 16 | 01:36:59 | 327 | 18.56 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|-------------|-----------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1484 | 30 | Smit | Hennie | 06/10/1960 | 59 | Male | 231 | Master(M) | 51 | 01:37:01 | 328 | 18.55 | <input type="checkbox"/> |
| 17/02/2019 | 1481 | 30 | Smit | Henneli | 09/12/1994 | 25 | Female | 98 | Senior(F) | 17 | 01:37:03 | 329 | 18.55 | <input type="checkbox"/> |
| 17/02/2019 | 1036 | 30 | Percy | Alan | 05/06/1958 | 61 | Male | 232 | Grand Master(M) | 28 | 01:37:05 | 330 | 18.54 | <input type="checkbox"/> |
| 17/02/2019 | 977 | 30 | Van Heerden | Johan | 01/12/1982 | 37 | Male | 233 | Sub-vets(M) | 42 | 01:37:23 | 331 | 18.48 | <input type="checkbox"/> |
| 17/02/2019 | 1153 | 30 | Tinley | Linda | 18/03/1992 | 27 | Female | 99 | Senior(F) | 18 | 01:37:25 | 332 | 18.48 | <input type="checkbox"/> |
| 17/02/2019 | 1143 | 30 | Dennis | Kelly | 07/04/1980 | 39 | Female | 100 | Sub-vets(F) | 24 | 01:37:27 | 333 | 18.47 | <input type="checkbox"/> |
| 17/02/2019 | 1398 | 30 | Jacobs | Stephen | 25/04/1978 | 41 | Male | 234 | Vets(M) | 56 | 01:37:31 | 334 | 18.46 | <input type="checkbox"/> |
| 17/02/2019 | 1403 | 30 | Smith | Melanie | 09/02/1962 | 57 | Female | 101 | Master(F) | 26 | 01:37:34 | 335 | 18.45 | <input type="checkbox"/> |
| 17/02/2019 | 958 | 30 | Birch | Paul | 24/12/1972 | 47 | Male | 235 | Vets(M) | 57 | 01:37:35 | 336 | 18.45 | <input type="checkbox"/> |
| 17/02/2019 | 1389 | 30 | Prinsloo | Riaan | 31/01/1979 | 40 | Male | 236 | Vets(M) | 58 | 01:37:37 | 337 | 18.44 | <input type="checkbox"/> |
| 17/02/2019 | 910 | 30 | Grobler | Douw | 06/08/1982 | 37 | Male | 237 | Sub-vets(M) | 43 | 01:37:39 | 338 | 18.43 | <input type="checkbox"/> |
| 17/02/2019 | 1379 | 30 | Els | Heine | 24/04/1980 | 39 | Male | 238 | Sub-vets(M) | 44 | 01:37:41 | 339 | 18.43 | <input type="checkbox"/> |
| 17/02/2019 | 1290 | 30 | De Kock | Jo-anne | 18/12/1975 | 44 | Female | 102 | Vets(F) | 27 | 01:37:43 | 340 | 18.42 | <input type="checkbox"/> |
| 17/02/2019 | 1243 | 30 | Halgreen | Theo | 13/02/1970 | 49 | Male | 239 | Vets(M) | 59 | 01:37:46 | 341 | 18.41 | <input type="checkbox"/> |
| 17/02/2019 | 1382 | 30 | Herman | Tracey | 12/03/1972 | 47 | Female | 103 | Vets(F) | 28 | 01:37:48 | 342 | 18.40 | <input type="checkbox"/> |
| 17/02/2019 | 1408 | 30 | Regnard | Nikolas | 12/07/1984 | 35 | Male | 240 | Sub-vets(M) | 45 | 01:37:51 | 343 | 18.40 | <input type="checkbox"/> |
| 17/02/2019 | 1358 | 30 | Stokker | Erinn | 20/12/2003 | 16 | Female | 104 | Youth(F) | 3 | 01:38:03 | 344 | 18.36 | <input type="checkbox"/> |
| 17/02/2019 | 1191 | 30 | Botha | Juane | 03/11/1995 | 24 | Female | 105 | Senior(F) | 19 | 01:38:16 | 345 | 18.32 | <input type="checkbox"/> |
| 17/02/2019 | 1098 | 30 | Kok | Leanne | 27/12/1984 | 35 | Female | 106 | Sub-vets(F) | 25 | 01:38:22 | 346 | 18.30 | <input type="checkbox"/> |
| 17/02/2019 | 1337 | 30 | Basson | Jaco | 06/05/1969 | 50 | Male | 241 | Master(M) | 52 | 01:38:46 | 347 | 18.22 | <input type="checkbox"/> |
| 17/02/2019 | 1338 | 30 | Basson | Mariska | 26/01/1971 | 48 | Female | 107 | Vets(F) | 29 | 01:38:48 | 348 | 18.22 | <input type="checkbox"/> |
| 17/02/2019 | 1214 | 30 | Muller | Nicolas | 24/05/1987 | 32 | Male | 242 | Sub-vets(M) | 46 | 01:38:50 | 349 | 18.21 | <input type="checkbox"/> |
| 17/02/2019 | 988 | 30 | Etsebeth | Annelien | 27/11/1972 | 47 | Female | 108 | Vets(F) | 30 | 01:38:56 | 350 | 18.19 | <input type="checkbox"/> |
| 17/02/2019 | 1489 | 30 | Timm | Gregory | 13/02/1978 | 41 | Male | 243 | Vets(M) | 60 | 01:38:58 | 351 | 18.19 | <input type="checkbox"/> |
| 17/02/2019 | 1280 | 30 | Nell | Samuel | 26/09/2001 | 18 | Male | 244 | Junior(M) | 9 | 01:39:17 | 352 | 18.13 | <input type="checkbox"/> |
| 17/02/2019 | 1311 | 30 | Thomas | Chantal | 30/05/1974 | 45 | Female | 109 | Vets(F) | 31 | 01:39:21 | 353 | 18.12 | <input type="checkbox"/> |
| 17/02/2019 | 1286 | 30 | Henderson | Clint | 06/12/1974 | 45 | Male | 245 | Vets(M) | 61 | 01:39:23 | 354 | 18.11 | <input type="checkbox"/> |
| 17/02/2019 | 1234 | 30 | Mao-cheia | Simone | 11/10/1975 | 44 | Female | 110 | Vets(F) | 32 | 01:39:26 | 355 | 18.10 | <input type="checkbox"/> |
| 17/02/2019 | 1447 | 30 | Bouwer | Henriette | 22/08/1968 | 51 | Female | 111 | Master(F) | 27 | 01:39:39 | 356 | 18.06 | <input type="checkbox"/> |
| 17/02/2019 | 1444 | 30 | Hattingh | Jeanine | 03/01/1988 | 31 | Female | 112 | Sub-vets(F) | 26 | 01:39:40 | 357 | 18.06 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|----------------|------------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1188 | 30 | Ivings | Thomas | 05/04/2004 | 15 | Male | 246 | Youth(M) | 14 | 01:39:42 | 358 | 18.05 | <input type="checkbox"/> |
| 17/02/2019 | 846 | 30 | Walton | Caryn | 26/02/1995 | 24 | Female | 113 | Senior(F) | 20 | 01:39:44 | 359 | 18.05 | <input type="checkbox"/> |
| 17/02/2019 | 1467 | 30 | Walton | Adrian | 10/02/1967 | 52 | Male | 247 | Master(M) | 53 | 01:39:46 | 360 | 18.04 | <input type="checkbox"/> |
| 17/02/2019 | 1469 | 30 | Walton | Helen | 01/08/1966 | 53 | Female | 114 | Master(F) | 28 | 01:39:49 | 361 | 18.03 | <input type="checkbox"/> |
| 17/02/2019 | 855 | 30 | Cherrington | Caryn | 08/09/1978 | 41 | Female | 115 | Vets(F) | 33 | 01:39:50 | 362 | 18.03 | <input type="checkbox"/> |
| 17/02/2019 | 1313 | 30 | Webber | Nicola | 28/08/1993 | 26 | Female | 116 | Senior(F) | 21 | 01:40:10 | 363 | 17.97 | <input type="checkbox"/> |
| 17/02/2019 | 1320 | 30 | Von Loggenburg | Rudi | 22/09/1986 | 33 | Male | 248 | Sub-vets(M) | 47 | 01:40:13 | 364 | 17.96 | <input type="checkbox"/> |
| 17/02/2019 | 1347 | 30 | Ajam | Fuad | 27/07/1965 | 54 | Male | 249 | Master(M) | 54 | 01:40:15 | 365 | 17.96 | <input type="checkbox"/> |
| 17/02/2019 | 1221 | 30 | Van Jaarsveld | Andries | 15/03/1982 | 37 | Male | 250 | Sub-vets(M) | 48 | 01:40:18 | 366 | 17.95 | <input type="checkbox"/> |
| 17/02/2019 | 1069 | 30 | Blume | Brent | 04/12/1982 | 37 | Male | 251 | Sub-vets(M) | 49 | 01:40:29 | 367 | 17.91 | <input type="checkbox"/> |
| 17/02/2019 | 1131 | 30 | Van Gent | Jp | 10/10/1992 | 27 | Male | 252 | Senior(M) | 27 | 01:40:54 | 368 | 17.84 | <input type="checkbox"/> |
| 17/02/2019 | 1003 | 30 | Samuels | Brendon | 27/09/1990 | 29 | Male | 253 | Senior(M) | 28 | 01:41:02 | 369 | 17.82 | <input type="checkbox"/> |
| 17/02/2019 | 1117 | 30 | Van Der Vyver | Johann | 31/10/1992 | 27 | Male | 254 | Senior(M) | 29 | 01:41:08 | 370 | 17.80 | <input type="checkbox"/> |
| 17/02/2019 | 909 | 30 | Van Wyk | Wickus | 16/10/1981 | 38 | Male | 255 | Sub-vets(M) | 50 | 01:41:59 | 371 | 17.65 | <input type="checkbox"/> |
| 17/02/2019 | 908 | 30 | Van Der Merwe | Jannie | 12/10/1955 | 64 | Male | 256 | Grand Master(M) | 29 | 01:42:01 | 372 | 17.64 | <input type="checkbox"/> |
| 17/02/2019 | 1274 | 30 | Gxothani | Siphindile | 30/11/1982 | 37 | Male | 257 | Sub-vets(M) | 51 | 01:42:03 | 373 | 17.64 | <input type="checkbox"/> |
| 17/02/2019 | 935 | 30 | Dumas | Anthony | 28/11/1972 | 47 | Male | 258 | Vets(M) | 62 | 01:42:06 | 374 | 17.63 | <input type="checkbox"/> |
| 17/02/2019 | 1254 | 30 | Esterhuizen | Marizaan | 29/05/1993 | 26 | Female | 117 | Senior(F) | 22 | 01:42:08 | 375 | 17.62 | <input type="checkbox"/> |
| 17/02/2019 | 920 | 30 | Anton | Strydom | 27/09/1969 | 50 | Male | 259 | Master(M) | 55 | 01:42:10 | 376 | 17.62 | <input type="checkbox"/> |
| 17/02/2019 | 928 | 30 | Fakir | Sachin | 20/07/1981 | 38 | Male | 260 | Sub-vets(M) | 52 | 01:42:12 | 377 | 17.61 | <input type="checkbox"/> |
| 17/02/2019 | 1473 | 30 | Williams | Christoph | 18/06/2003 | 16 | Female | 118 | Youth(F) | 4 | 01:42:16 | 378 | 17.60 | <input type="checkbox"/> |
| 17/02/2019 | 1257 | 30 | Crause | Lynette | 13/02/1960 | 59 | Female | 119 | Master(F) | 29 | 01:42:18 | 379 | 17.60 | <input type="checkbox"/> |
| 17/02/2019 | 999 | 30 | Williams | Noel | 01/08/1971 | 48 | Male | 261 | Vets(M) | 63 | 01:42:19 | 380 | 17.59 | <input type="checkbox"/> |
| 17/02/2019 | 1251 | 30 | Bosman | Teresa | 23/06/1971 | 48 | Female | 120 | Vets(F) | 34 | 01:42:21 | 381 | 17.59 | <input type="checkbox"/> |
| 17/02/2019 | 1136 | 30 | Venter | Leroux | 10/02/1986 | 33 | Male | 262 | Sub-vets(M) | 53 | 01:42:27 | 382 | 17.57 | <input type="checkbox"/> |
| 17/02/2019 | 1116 | 30 | Meiring | Daneel | 03/12/1986 | 33 | Male | 263 | Sub-vets(M) | 54 | 01:42:38 | 383 | 17.54 | <input type="checkbox"/> |
| 17/02/2019 | 1449 | 30 | Gillies | Alasdair | 07/09/1950 | 69 | Male | 264 | Grand Master(M) | 30 | 01:42:47 | 384 | 17.51 | <input type="checkbox"/> |
| 17/02/2019 | 1475 | 30 | Bruwer | Johan | 05/10/1980 | 39 | Male | 265 | Sub-vets(M) | 55 | 01:42:49 | 385 | 17.51 | <input type="checkbox"/> |
| 17/02/2019 | 1023 | 30 | Abrahams | Rashied | 14/06/1962 | 57 | Male | 266 | Master(M) | 56 | 01:42:51 | 386 | 17.50 | <input type="checkbox"/> |
| 17/02/2019 | 913 | 30 | Wilkinson | Johnathan | 02/05/1982 | 37 | Male | 267 | Sub-vets(M) | 56 | 01:43:08 | 387 | 17.45 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|------------|-------------------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1416 | 30 | Hanekom | Belinda | 11/03/1966 | 53 | Female | 121 | Master(F) | 30 | 01:43:14 | 388 | 17.44 | <input type="checkbox"/> |
| 17/02/2019 | 1446 | 30 | Daniell | Edwin | 05/01/1961 | 58 | Male | 268 | Master(M) | 57 | 01:43:17 | 389 | 17.43 | <input type="checkbox"/> |
| 17/02/2019 | 1273 | 30 | Nel | Leonie | 18/06/1954 | 65 | Female | 122 | Grand Master(F) | 2 | 01:43:19 | 390 | 17.42 | <input type="checkbox"/> |
| 17/02/2019 | 944 | 30 | Loock | Nerine | 11/06/1976 | 43 | Female | 123 | Vets(F) | 35 | 01:43:24 | 391 | 17.41 | <input type="checkbox"/> |
| 17/02/2019 | 943 | 30 | Loock | Magdel | 07/07/1983 | 36 | Female | 124 | Sub-vets(F) | 27 | 01:43:26 | 392 | 17.40 | <input type="checkbox"/> |
| 17/02/2019 | 1423 | 30 | Saayman | Ryno | 26/04/1988 | 31 | Male | 269 | Sub-vets(M) | 57 | 01:43:29 | 393 | 17.39 | <input type="checkbox"/> |
| 17/02/2019 | 1406 | 30 | Shone | Linda | 17/07/1962 | 57 | Female | 125 | Master(F) | 31 | 01:43:41 | 394 | 17.36 | <input type="checkbox"/> |
| 17/02/2019 | 1402 | 30 | Shone | Alan | 28/05/1963 | 56 | Male | 270 | Master(M) | 58 | 01:43:43 | 395 | 17.35 | <input type="checkbox"/> |
| 17/02/2019 | 1224 | 30 | Black | Pamela | 19/12/1972 | 47 | Female | 126 | Vets(F) | 36 | 01:43:58 | 396 | 17.31 | <input type="checkbox"/> |
| 17/02/2019 | 1216 | 30 | Du Toit | Elizabeth Du Toit | 22/01/1977 | 42 | Female | 127 | Vets(F) | 37 | 01:44:00 | 397 | 17.31 | <input type="checkbox"/> |
| 17/02/2019 | 1255 | 30 | Smit | Jp | 27/02/2000 | 19 | Male | 271 | Senior(M) | 30 | 01:44:17 | 398 | 17.26 | <input type="checkbox"/> |
| 17/02/2019 | 1109 | 30 | Du Plessis | Helgard | 23/05/1978 | 41 | Male | 272 | Vets(M) | 64 | 01:44:20 | 399 | 17.25 | <input type="checkbox"/> |
| 17/02/2019 | 1108 | 30 | Hattingh | Petrus | 18/10/1966 | 53 | Male | 273 | Master(M) | 59 | 01:44:22 | 400 | 17.25 | <input type="checkbox"/> |
| 17/02/2019 | 984 | 30 | De Vos | Paul | 10/09/1993 | 26 | Male | 274 | Senior(M) | 31 | 01:44:42 | 401 | 17.19 | <input type="checkbox"/> |
| 17/02/2019 | 1357 | 30 | Stokker | Andrew | 06/07/1973 | 46 | Male | 275 | Vets(M) | 65 | 01:45:00 | 402 | 17.14 | <input type="checkbox"/> |
| 17/02/2019 | 1359 | 30 | Stokker | Aidan | 07/04/2006 | 13 | Male | 276 | Sub-Junior(M) | 9 | 01:45:02 | 403 | 17.14 | <input type="checkbox"/> |
| 17/02/2019 | 1435 | 30 | Smith | Ian | 14/09/1979 | 40 | Male | 277 | Vets(M) | 66 | 01:45:06 | 404 | 17.13 | <input type="checkbox"/> |
| 17/02/2019 | 1154 | 30 | Weldrick | Melissa | 29/11/1963 | 56 | Female | 128 | Master(F) | 32 | 01:45:24 | 405 | 17.08 | <input type="checkbox"/> |
| 17/02/2019 | 1239 | 30 | Donoghue | Daruska | 12/11/1990 | 29 | Female | 129 | Senior(F) | 23 | 01:46:07 | 406 | 16.96 | <input type="checkbox"/> |
| 17/02/2019 | 1241 | 30 | Minnie | Wynand | 08/03/1986 | 33 | Male | 278 | Sub-vets(M) | 58 | 01:46:09 | 407 | 16.96 | <input type="checkbox"/> |
| 17/02/2019 | 1464 | 30 | Pienaar | Sindy | 30/04/1979 | 40 | Female | 130 | Vets(F) | 38 | 01:46:15 | 408 | 16.94 | <input type="checkbox"/> |
| 17/02/2019 | 972 | 30 | De Vos | Paul Andries | 22/10/1962 | 57 | Male | 279 | Master(M) | 60 | 01:46:17 | 409 | 16.94 | <input type="checkbox"/> |
| 17/02/2019 | 1211 | 30 | Wedderburn | Claire | 16/04/1977 | 42 | Female | 131 | Vets(F) | 39 | 01:46:18 | 410 | 16.93 | <input type="checkbox"/> |
| 17/02/2019 | 1208 | 30 | Wedderburn | Ian | 15/03/1973 | 46 | Male | 280 | Vets(M) | 67 | 01:46:20 | 411 | 16.93 | <input type="checkbox"/> |
| 17/02/2019 | 914 | 30 | Giddy | Peter | 05/01/1951 | 68 | Male | 281 | Grand Master(M) | 31 | 01:46:25 | 412 | 16.91 | <input type="checkbox"/> |
| 17/02/2019 | 1256 | 30 | Van Vuuren | Piet | 19/04/1950 | 69 | Male | 282 | Grand Master(M) | 32 | 01:46:29 | 413 | 16.90 | <input type="checkbox"/> |
| 17/02/2019 | 982 | 30 | De Vos | Gail Lurna | 13/04/1964 | 55 | Female | 132 | Master(F) | 33 | 01:46:49 | 414 | 16.85 | <input type="checkbox"/> |
| 17/02/2019 | 950 | 30 | Frier | Hendrik | 18/06/1980 | 39 | Male | 283 | Sub-vets(M) | 59 | 01:46:50 | 415 | 16.85 | <input type="checkbox"/> |
| 17/02/2019 | 936 | 30 | Frier | Ronel | 10/07/1984 | 35 | Female | 133 | Sub-vets(F) | 28 | 01:46:53 | 416 | 16.84 | <input type="checkbox"/> |
| 17/02/2019 | 1400 | 30 | Schoeman | Leza-mari | 12/02/1988 | 31 | Female | 134 | Sub-vets(F) | 29 | 01:46:57 | 417 | 16.83 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|--------------|---------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1412 | 30 | Wright | Jozie | 21/03/2002 | 17 | Female | 135 | Junior(F) | 3 | 01:46:58 | 418 | 16.83 | <input type="checkbox"/> |
| 17/02/2019 | 1062 | 30 | Bezuidenhout | Henk | 20/05/1976 | 43 | Male | 284 | Vets(M) | 68 | 01:47:01 | 419 | 16.82 | <input type="checkbox"/> |
| 17/02/2019 | 1325 | 30 | Welmans | Madre | 26/12/1968 | 51 | Female | 136 | Master(F) | 34 | 01:47:21 | 420 | 16.77 | <input type="checkbox"/> |
| 17/02/2019 | 1410 | 30 | Nel | Charnel | 04/05/1992 | 27 | Female | 137 | Senior(F) | 24 | 01:47:25 | 421 | 16.76 | <input type="checkbox"/> |
| 17/02/2019 | 832 | 30 | de Jager | Hillary | 16/04/1971 | 48 | Female | 138 | Vets(F) | 40 | 01:47:28 | 422 | 16.75 | <input type="checkbox"/> |
| 17/02/2019 | 1275 | 30 | Esterhuizen | Dereck | 14/12/1958 | 61 | Male | 285 | Grand Master(M) | 33 | 01:47:41 | 423 | 16.72 | <input type="checkbox"/> |
| 17/02/2019 | 1056 | 30 | Field | Larry | 16/03/1962 | 57 | Male | 286 | Master(M) | 61 | 01:47:46 | 424 | 16.70 | <input type="checkbox"/> |
| 17/02/2019 | 836 | 30 | Bothma | Lizelle | 23/04/1976 | 43 | Female | 139 | Vets(F) | 41 | 01:47:57 | 425 | 16.67 | <input type="checkbox"/> |
| 17/02/2019 | 1233 | 30 | Bothma | Kenneth | 18/09/1972 | 47 | Male | 287 | Vets(M) | 69 | 01:48:00 | 426 | 16.67 | <input type="checkbox"/> |
| 17/02/2019 | 934 | 30 | Cocker | Zoe | 19/10/2004 | 15 | Female | 140 | Youth(F) | 5 | 01:48:01 | 427 | 16.66 | <input type="checkbox"/> |
| 17/02/2019 | 946 | 30 | Weitz | Donavan | 05/10/1976 | 43 | Male | 288 | Vets(M) | 70 | 01:48:13 | 428 | 16.63 | <input type="checkbox"/> |
| 17/02/2019 | 1076 | 30 | Glaum | Jackie | 19/06/1965 | 54 | Female | 141 | Master(F) | 35 | 01:48:41 | 429 | 16.56 | <input type="checkbox"/> |
| 17/02/2019 | 847 | 30 | Bristow | Carla | 29/06/2004 | 15 | Female | 142 | Youth(F) | 6 | 01:48:43 | 430 | 16.56 | <input type="checkbox"/> |
| 17/02/2019 | 939 | 30 | Beckford | Shane | 24/05/1975 | 44 | Male | 289 | Vets(M) | 71 | 01:49:06 | 431 | 16.50 | <input type="checkbox"/> |
| 17/02/2019 | 1064 | 30 | Bonner | James | 27/04/1970 | 49 | Male | 290 | Vets(M) | 72 | 01:49:09 | 432 | 16.49 | <input type="checkbox"/> |
| 17/02/2019 | 1073 | 30 | Hawkins | Jenny | 18/05/1963 | 56 | Female | 143 | Master(F) | 36 | 01:49:21 | 433 | 16.46 | <input type="checkbox"/> |
| 17/02/2019 | 476 | 30 | Mitchell | Daphne | 02/02/1964 | 55 | Female | 144 | Master(F) | 37 | 01:49:37 | 434 | 16.42 | <input type="checkbox"/> |
| 17/02/2019 | 1008 | 30 | Harvey | Cameron | 19/03/1982 | 37 | Male | 291 | Sub-vets(M) | 60 | 01:49:37 | 434 | 16.42 | <input type="checkbox"/> |
| 17/02/2019 | 1289 | 30 | Starke | Allan | 21/11/1952 | 67 | Male | 292 | Grand Master(M) | 34 | 01:49:52 | 436 | 16.38 | <input type="checkbox"/> |
| 17/02/2019 | 1218 | 30 | Combrinck | Heilie | 14/11/1965 | 54 | Female | 145 | Master(F) | 38 | 01:49:57 | 437 | 16.37 | <input type="checkbox"/> |
| 17/02/2019 | 1086 | 30 | Swanepoel | Maro | 15/01/1976 | 43 | Female | 146 | Vets(F) | 42 | 01:49:58 | 438 | 16.37 | <input type="checkbox"/> |
| 17/02/2019 | 1390 | 30 | Thackeray | Sean | 24/05/1989 | 30 | Male | 293 | Sub-vets(M) | 61 | 01:50:07 | 439 | 16.35 | <input type="checkbox"/> |
| 17/02/2019 | 965 | 30 | Elfick | Robert | 14/07/1968 | 51 | Male | 294 | Master(M) | 62 | 01:50:08 | 440 | 16.34 | <input type="checkbox"/> |
| 17/02/2019 | 1215 | 30 | Kirkman | Wayne | 24/08/1966 | 53 | Male | 295 | Master(M) | 63 | 01:50:10 | 441 | 16.34 | <input type="checkbox"/> |
| 17/02/2019 | 1144 | 30 | Vorster | Johan | 06/03/1974 | 45 | Male | 296 | Vets(M) | 73 | 01:50:12 | 442 | 16.33 | <input type="checkbox"/> |
| 17/02/2019 | 1168 | 30 | Moolman | Andre | 22/05/1985 | 34 | Male | 297 | Sub-vets(M) | 62 | 01:50:14 | 443 | 16.33 | <input type="checkbox"/> |
| 17/02/2019 | 823 | 30 | Travers | Raymond | 13/08/1967 | 52 | Male | 298 | Master(M) | 64 | 01:50:16 | 444 | 16.32 | <input type="checkbox"/> |
| 17/02/2019 | 1426 | 30 | De Klerk | James | 05/09/1992 | 27 | Male | 299 | Senior(M) | 32 | 01:50:18 | 445 | 16.32 | <input type="checkbox"/> |
| 17/02/2019 | 1146 | 30 | Lombard | Theunis | 31/05/1976 | 43 | Male | 300 | Vets(M) | 74 | 01:50:22 | 446 | 16.31 | <input type="checkbox"/> |
| 17/02/2019 | 1365 | 30 | Benn | Monique | 30/11/1993 | 26 | Female | 147 | Senior(F) | 25 | 01:50:25 | 447 | 16.30 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|-------------|-------------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1367 | 30 | Benn | Stefan | 17/08/1993 | 26 | Male | 301 | Senior(M) | 33 | 01:50:28 | 448 | 16.29 | <input type="checkbox"/> |
| 17/02/2019 | 1220 | 30 | Leonard | Warren | 01/02/1985 | 34 | Male | 302 | Sub-vets(M) | 63 | 01:50:43 | 449 | 16.26 | <input type="checkbox"/> |
| 17/02/2019 | 902 | 30 | Solomon | Ganief | 06/06/1950 | 69 | Male | 303 | Grand Master(M) | 35 | 01:51:12 | 450 | 16.19 | <input type="checkbox"/> |
| 17/02/2019 | 902 | 30 | Solomon | Ganief | 06/06/1950 | 69 | Male | 304 | Grand Master(M) | 36 | 01:51:17 | 451 | 16.17 | <input type="checkbox"/> |
| 17/02/2019 | 903 | 30 | Solomon | Izzat Amar | 28/04/1954 | 65 | Female | 148 | Grand Master(F) | 3 | 01:51:18 | 452 | 16.17 | <input type="checkbox"/> |
| 17/02/2019 | 1107 | 30 | Wakeford | Jackie | 08/08/1963 | 56 | Female | 149 | Master(F) | 39 | 01:51:22 | 453 | 16.16 | <input type="checkbox"/> |
| 17/02/2019 | 1106 | 30 | Wakeford | Dave | 09/12/1960 | 59 | Male | 305 | Master(M) | 65 | 01:51:24 | 454 | 16.16 | <input type="checkbox"/> |
| 17/02/2019 | 1196 | 30 | Bouwer | Riaana | 24/06/1976 | 43 | Female | 150 | Vets(F) | 43 | 01:51:30 | 455 | 16.14 | <input type="checkbox"/> |
| 17/02/2019 | 1355 | 30 | Steyn | Christelle | 10/12/1979 | 40 | Female | 151 | Vets(F) | 44 | 01:51:33 | 456 | 16.14 | <input type="checkbox"/> |
| 17/02/2019 | 1050 | 30 | Diedericks | Yvan | 18/06/1991 | 28 | Male | 306 | Senior(M) | 34 | 01:51:35 | 457 | 16.13 | <input type="checkbox"/> |
| 17/02/2019 | 1079 | 30 | Du Preez | Jacques | 07/08/1969 | 50 | Male | 307 | Master(M) | 66 | 01:51:39 | 458 | 16.12 | <input type="checkbox"/> |
| 17/02/2019 | 1376 | 30 | Taljaard | Janina | 04/03/1979 | 40 | Female | 152 | Vets(F) | 45 | 01:52:14 | 459 | 16.04 | <input type="checkbox"/> |
| 17/02/2019 | 1203 | 30 | Groenewald | Keith | 02/02/1981 | 38 | Male | 308 | Sub-vets(M) | 64 | 01:52:45 | 460 | 15.96 | <input type="checkbox"/> |
| 17/02/2019 | 1202 | 30 | Groenewald | Daniel | 04/03/1974 | 45 | Male | 309 | Vets(M) | 75 | 01:52:48 | 461 | 15.96 | <input type="checkbox"/> |
| 17/02/2019 | 1415 | 30 | Oelofse | Riette | 23/07/1972 | 47 | Female | 153 | Vets(F) | 46 | 01:52:51 | 462 | 15.95 | <input type="checkbox"/> |
| 17/02/2019 | 1419 | 30 | Kirchner | Chris | 20/07/1969 | 50 | Male | 310 | Master(M) | 67 | 01:52:55 | 463 | 15.94 | <input type="checkbox"/> |
| 17/02/2019 | 980 | 30 | Van Heerden | Mary | 02/07/1984 | 35 | Female | 154 | Sub-vets(F) | 30 | 01:52:57 | 464 | 15.94 | <input type="checkbox"/> |
| 17/02/2019 | 1083 | 30 | Lisher | Bradley | 09/06/1988 | 31 | Male | 311 | Sub-vets(M) | 65 | 01:53:06 | 465 | 15.92 | <input type="checkbox"/> |
| 17/02/2019 | 1058 | 30 | De Beer | Shayne | 09/08/1989 | 30 | Male | 312 | Sub-vets(M) | 66 | 01:53:08 | 466 | 15.91 | <input type="checkbox"/> |
| 17/02/2019 | 921 | 30 | Gum | Nomathemba | 05/04/1974 | 45 | Female | 155 | Vets(F) | 47 | 01:53:14 | 467 | 15.90 | <input type="checkbox"/> |
| 17/02/2019 | 1364 | 30 | Luis | Nick | 22/06/1971 | 48 | Male | 313 | Vets(M) | 76 | 01:53:24 | 468 | 15.87 | <input type="checkbox"/> |
| 17/02/2019 | 1049 | 30 | Van Rooyen | Melandri | 15/01/1993 | 26 | Female | 156 | Senior(F) | 26 | 01:53:57 | 469 | 15.80 | <input type="checkbox"/> |
| 17/02/2019 | 1130 | 30 | Gouws | Gilbert | 30/07/1972 | 47 | Male | 314 | Vets(M) | 77 | 01:54:08 | 470 | 15.77 | <input type="checkbox"/> |
| 17/02/2019 | 1222 | 30 | Blom | Marius | 18/02/1963 | 56 | Male | 315 | Master(M) | 68 | 01:54:10 | 471 | 15.77 | <input type="checkbox"/> |
| 17/02/2019 | 1480 | 30 | De Meyer | Sandra | 17/05/1974 | 45 | Female | 157 | Vets(F) | 48 | 01:54:16 | 472 | 15.75 | <input type="checkbox"/> |
| 17/02/2019 | 1482 | 30 | De Meyer | Andy | 16/12/1971 | 48 | Male | 316 | Vets(M) | 78 | 01:54:19 | 473 | 15.75 | <input type="checkbox"/> |
| 17/02/2019 | 1330 | 30 | Grobler | Wayne Brian | 09/04/1984 | 35 | Male | 317 | Sub-vets(M) | 67 | 01:54:41 | 474 | 15.70 | <input type="checkbox"/> |
| 17/02/2019 | 1094 | 30 | Schoonraad | Carey | 19/11/1990 | 29 | Female | 158 | Senior(F) | 27 | 01:55:20 | 475 | 15.61 | <input type="checkbox"/> |
| 17/02/2019 | 1093 | 30 | Schoonraad | Benno | 13/10/1989 | 30 | Male | 318 | Sub-vets(M) | 68 | 01:55:22 | 476 | 15.60 | <input type="checkbox"/> |
| 17/02/2019 | 663 | 30 | Ferreira | Loren | 30/09/2003 | 16 | Male | 319 | Youth(M) | 15 | 01:55:24 | 477 | 15.60 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|--------------------|------------|------------|-----|--------|----------|-----------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1181 | 30 | Barkhuizen | Thelma | 09/08/1970 | 49 | Female | 159 | Vets(F) | 49 | 01:56:24 | 478 | 15.46 | <input type="checkbox"/> |
| 17/02/2019 | 1291 | 30 | De Kock | Luke | 01/07/1975 | 44 | Male | 320 | Vets(M) | 79 | 01:56:34 | 479 | 15.44 | <input type="checkbox"/> |
| 17/02/2019 | 824 | 30 | Claassens | Eugene | 25/11/1962 | 57 | Male | 321 | Master(M) | 69 | 01:57:22 | 480 | 15.34 | <input type="checkbox"/> |
| 17/02/2019 | 1294 | 30 | Bevan | Dave | 30/11/1960 | 59 | Male | 322 | Master(M) | 70 | 01:57:42 | 481 | 15.29 | <input type="checkbox"/> |
| 17/02/2019 | 1277 | 30 | Bevan | Jessica | 29/01/1989 | 30 | Female | 160 | Sub-vets(F) | 31 | 01:57:45 | 482 | 15.29 | <input type="checkbox"/> |
| 17/02/2019 | 1217 | 30 | Du Plessis | Zelna | 05/08/1981 | 38 | Female | 161 | Sub-vets(F) | 32 | 01:57:51 | 483 | 15.27 | <input type="checkbox"/> |
| 17/02/2019 | 848 | 30 | Gie | Jannie | 05/01/1972 | 46 | Male | 323 | Master(M) | 71 | 01:58:19 | 484 | 15.21 | <input type="checkbox"/> |
| 17/02/2019 | 1378 | 30 | Webster | Rene | 30/07/1975 | 44 | Female | 162 | Vets(F) | 50 | 01:58:27 | 485 | 15.20 | <input type="checkbox"/> |
| 17/02/2019 | 1258 | 30 | Ashington | Heather | 04/05/1961 | 58 | Female | 163 | Master(F) | 40 | 01:58:50 | 486 | 15.15 | <input type="checkbox"/> |
| 17/02/2019 | 1078 | 30 | Erasmus | Natasha | 20/06/1978 | 41 | Female | 164 | Vets(F) | 51 | 01:59:02 | 487 | 15.12 | <input type="checkbox"/> |
| 17/02/2019 | 1173 | 30 | Raga | Heena | 20/02/1978 | 41 | Female | 165 | Vets(F) | 52 | 01:59:12 | 488 | 15.10 | <input type="checkbox"/> |
| 17/02/2019 | 1175 | 30 | Robinson | Kath | 02/12/1974 | 45 | Female | 166 | Vets(F) | 53 | 01:59:16 | 489 | 15.09 | <input type="checkbox"/> |
| 17/02/2019 | 1232 | 30 | Page | Barry | 12/06/1969 | 50 | Male | 324 | Master(M) | 72 | 01:59:18 | 490 | 15.09 | <input type="checkbox"/> |
| 17/02/2019 | 1189 | 30 | Ivings | Rebecca | 03/11/2006 | 13 | Female | 167 | Sub-Junior(F) | 3 | 01:59:21 | 491 | 15.08 | <input type="checkbox"/> |
| 17/02/2019 | 1131 | 30 | Van Gent | Jp | 10/10/1992 | 27 | Male | 325 | Senior(M) | 35 | 01:59:25 | 492 | 15.07 | <input type="checkbox"/> |
| 17/02/2019 | 1004 | 30 | Tiltmann | Michelle | 01/08/1986 | 33 | Female | 168 | Sub-vets(F) | 33 | 01:59:54 | 493 | 15.01 | <input type="checkbox"/> |
| 17/02/2019 | 1298 | 30 | Spies | Sonja | 03/11/1961 | 58 | Female | 169 | Master(F) | 41 | 01:59:56 | 494 | 15.01 | <input type="checkbox"/> |
| 17/02/2019 | 1187 | 30 | Ivings | Karin | 16/01/1976 | 43 | Female | 170 | Vets(F) | 54 | 02:00:03 | 495 | 14.99 | <input type="checkbox"/> |
| 17/02/2019 | 1269 | 30 | Biggs | Jade Josie | 16/10/2002 | 17 | Female | 171 | Junior(F) | 4 | 02:01:14 | 496 | 14.85 | <input type="checkbox"/> |
| 17/02/2019 | 926 | 30 | Willcock | Rowan | 19/07/1960 | 59 | Male | 326 | Master(M) | 73 | 02:01:17 | 497 | 14.84 | <input type="checkbox"/> |
| 17/02/2019 | 927 | 30 | Willcock | Linda | 18/10/1969 | 50 | Female | 172 | Master(F) | 42 | 02:01:19 | 498 | 14.84 | <input type="checkbox"/> |
| 17/02/2019 | 1471 | 30 | Pienaar | Anne | 16/01/1954 | 65 | Female | 173 | Grand Master(F) | 4 | 02:01:47 | 499 | 14.78 | <input type="checkbox"/> |
| 17/02/2019 | 1486 | 30 | Wyatt | Engela | 24/08/1958 | 61 | Female | 174 | Grand Master(F) | 5 | 02:01:49 | 500 | 14.78 | <input type="checkbox"/> |
| 17/02/2019 | 1071 | 30 | Van Deemter | Thomas | 27/11/1969 | 50 | Male | 327 | Master(M) | 74 | 02:01:55 | 501 | 14.76 | <input type="checkbox"/> |
| 17/02/2019 | 1429 | 30 | Van Der Westhuizen | Ruan | 28/12/2003 | 16 | Male | 328 | Youth(M) | 16 | 02:02:14 | 502 | 14.73 | <input type="checkbox"/> |
| 17/02/2019 | 991 | 30 | Wooldridge | Christine | 08/09/1978 | 41 | Female | 175 | Vets(F) | 55 | 02:02:18 | 503 | 14.72 | <input type="checkbox"/> |
| 17/02/2019 | 992 | 30 | Wooldridge | Simon | 03/11/1975 | 44 | Male | 329 | Vets(M) | 80 | 02:02:20 | 504 | 14.71 | <input type="checkbox"/> |
| 17/02/2019 | 1284 | 30 | Geddes | Robert | 01/10/1976 | 43 | Male | 330 | Vets(M) | 81 | 02:02:34 | 505 | 14.69 | <input type="checkbox"/> |
| 17/02/2019 | 1285 | 30 | Geddes | Leanne | 04/03/1981 | 38 | Female | 176 | Sub-vets(F) | 34 | 02:02:36 | 506 | 14.68 | <input type="checkbox"/> |
| 17/02/2019 | 1460 | 30 | Regnart | Russel | 13/08/1962 | 57 | Male | 331 | Master(M) | 75 | 02:03:02 | 507 | 14.63 | <input type="checkbox"/> |

| <u>Race Date</u> | <u>Race No</u> | <u>Distance</u> | <u>Surname</u> | <u>Name</u> | <u>Birth Date</u> | <u>Age</u> | <u>Gender</u> | <u>Position</u> | <u>Category</u> | <u>Position</u> | <u>RaceTime</u> | <u>Overall Pos</u> | <u>Avg Speed</u> | <u>DNF</u> |
|------------------|----------------|-----------------|----------------|-------------|-------------------|------------|---------------|-----------------|-----------------|-----------------|-----------------|--------------------|------------------|--------------------------|
| 17/02/2019 | 1321 | 30 | Oosthuizen | William | 11/10/1961 | 58 | Male | 332 | Master(M) | 76 | 02:03:18 | 508 | 14.60 | <input type="checkbox"/> |
| 17/02/2019 | 1322 | 30 | Hill | Kobie | 24/09/1966 | 53 | Female | 177 | Master(F) | 43 | 02:03:25 | 509 | 14.58 | <input type="checkbox"/> |
| 17/02/2019 | 1450 | 30 | Joubert | Hannes | 11/03/1955 | 64 | Male | 333 | Grand Master(M) | 37 | 02:03:27 | 510 | 14.58 | <input type="checkbox"/> |
| 17/02/2019 | 1271 | 30 | Esterhuizen | Deni | 23/07/1990 | 29 | Female | 178 | Senior(F) | 28 | 02:03:49 | 511 | 14.54 | <input type="checkbox"/> |
| 17/02/2019 | 1080 | 30 | malgas | george | 22/09/1964 | 55 | Male | 334 | Master(M) | 77 | 02:06:04 | 512 | 14.28 | <input type="checkbox"/> |
| 17/02/2019 | 1268 | 30 | Biggs | Lynn | 02/08/1971 | 48 | Female | 179 | Vets(F) | 56 | 02:06:06 | 513 | 14.27 | <input type="checkbox"/> |
| 17/02/2019 | 1120 | 30 | Van Eeden | Marikus | 08/04/1960 | 59 | Male | 335 | Master(M) | 78 | 02:06:32 | 514 | 14.23 | <input type="checkbox"/> |
| 17/02/2019 | 1425 | 30 | Brown | Nathanael | 02/04/1980 | 39 | Male | 336 | Sub-vets(M) | 69 | 02:06:43 | 515 | 14.20 | <input type="checkbox"/> |
| 17/02/2019 | 1016 | 30 | Van Tonder | Martinus | 06/01/1992 | 27 | Male | 337 | Senior(M) | 36 | 02:06:47 | 516 | 14.20 | <input type="checkbox"/> |
| 17/02/2019 | 851 | 30 | Fouche | Amore | 09/03/1991 | 28 | Female | 180 | Senior(F) | 29 | 02:06:51 | 517 | 14.19 | <input type="checkbox"/> |
| 17/02/2019 | 1152 | 30 | Brown | Matthew | 04/05/1972 | 47 | Male | 338 | Vets(M) | 82 | 02:07:29 | 518 | 14.12 | <input type="checkbox"/> |
| 17/02/2019 | 1427 | 30 | Bezuidenhout | Divan | 28/02/1983 | 36 | Male | 339 | Sub-vets(M) | 70 | 02:08:25 | 519 | 14.02 | <input type="checkbox"/> |
| 17/02/2019 | 1248 | 30 | Mccarthy | Kate-lynn | 20/12/1987 | 32 | Female | 181 | Sub-vets(F) | 35 | 02:08:49 | 520 | 13.97 | <input type="checkbox"/> |
| 17/02/2019 | 1247 | 30 | Mccarthy | Dale | 26/04/1991 | 28 | Male | 340 | Senior(M) | 37 | 02:08:51 | 521 | 13.97 | <input type="checkbox"/> |
| 17/02/2019 | 1084 | 30 | Dicks | Vanessa | 03/11/1983 | 36 | Male | 341 | Sub-vets(M) | 71 | 02:08:53 | 522 | 13.97 | <input type="checkbox"/> |
| 17/02/2019 | 1438 | 30 | Bezuidenhout | Jennilee | 01/04/1985 | 34 | Female | 182 | Sub-vets(F) | 36 | 02:08:55 | 523 | 13.96 | <input type="checkbox"/> |
| 17/02/2019 | 973 | 30 | Gaze | Tracey | 26/03/1990 | 29 | Female | 183 | Senior(F) | 30 | 02:09:35 | 524 | 13.89 | <input type="checkbox"/> |
| 17/02/2019 | 974 | 30 | Mckew | Jj | 09/02/1982 | 37 | Male | 342 | Sub-vets(M) | 72 | 02:09:39 | 525 | 13.88 | <input type="checkbox"/> |
| 17/02/2019 | 1155 | 30 | Bredenhann | Tania | 28/02/1979 | 40 | Female | 184 | Vets(F) | 57 | 02:10:39 | 526 | 13.78 | <input type="checkbox"/> |
| 17/02/2019 | 1462 | 30 | Erlank | Angelique | 10/07/1987 | 32 | Female | 185 | Sub-vets(F) | 37 | 02:10:44 | 527 | 13.77 | <input type="checkbox"/> |
| 17/02/2019 | 1455 | 30 | Erlank | Jaysonmarc | 12/04/1989 | 30 | Male | 343 | Sub-vets(M) | 73 | 02:10:46 | 528 | 13.76 | <input type="checkbox"/> |
| 17/02/2019 | 1463 | 30 | Van Der Merwe | Debbie | 28/07/1987 | 32 | Female | 186 | Sub-vets(F) | 38 | 02:10:50 | 529 | 13.76 | <input type="checkbox"/> |
| 17/02/2019 | 1432 | 30 | Bain | Dominique | 13/08/1976 | 43 | Female | 187 | Vets(F) | 58 | 02:11:15 | 530 | 13.71 | <input type="checkbox"/> |
| 17/02/2019 | 1433 | 30 | Kemp | Samantha | 01/11/1983 | 36 | Female | 188 | Sub-vets(F) | 39 | 02:11:17 | 531 | 13.71 | <input type="checkbox"/> |
| 17/02/2019 | 1192 | 30 | Smith | Avryl | 19/01/1951 | 68 | Female | 189 | Grand Master(F) | 6 | 02:11:20 | 532 | 13.71 | <input type="checkbox"/> |
| 17/02/2019 | 1404 | 30 | Voges | Nicola | 12/10/2003 | 16 | Female | 190 | Youth(F) | 7 | 02:11:26 | 533 | 13.70 | <input type="checkbox"/> |
| 17/02/2019 | 1327 | 30 | Taljaard | Jano Zach | 14/06/2005 | 14 | Male | 344 | Sub-Junior(M) | 10 | 02:11:27 | 534 | 13.69 | <input type="checkbox"/> |
| 17/02/2019 | 912 | 30 | Weeks | Lynette | 08/06/1968 | 51 | Female | 191 | Master(F) | 44 | 02:11:29 | 535 | 13.69 | <input type="checkbox"/> |
| 17/02/2019 | 1250 | 30 | Szabo | Gillian | 30/06/1950 | 69 | Female | 192 | Grand Master(F) | 7 | 02:11:37 | 536 | 13.68 | <input type="checkbox"/> |
| 17/02/2019 | 1459 | 30 | Polglase | Lindsey | 20/02/1983 | 36 | Female | 193 | Sub-vets(F) | 40 | 02:11:48 | 537 | 13.66 | <input type="checkbox"/> |

| Race Date | Race No | Distance | Surname | Name | Birth Date | Age | Gender | Position | Category | Position | RaceTime | Overall Pos | Avg Speed | DNF |
|------------|---------|----------|------------|--------------------|------------|-----|--------|----------|-------------------|----------|----------|-------------|-----------|--------------------------|
| 17/02/2019 | 1205 | 30 | Bareira | Rolanda | 17/08/1972 | 47 | Female | 194 | Vets(F) | 59 | 02:13:50 | 538 | 13.45 | <input type="checkbox"/> |
| 17/02/2019 | 1022 | 30 | Wilson | Mike | 12/05/1966 | 53 | Male | 345 | Master(M) | 79 | 02:13:55 | 539 | 13.44 | <input type="checkbox"/> |
| 17/02/2019 | 962 | 30 | Smith | Linda | 27/08/1974 | 45 | Female | 195 | Vets(F) | 60 | 02:13:57 | 540 | 13.44 | <input type="checkbox"/> |
| 17/02/2019 | 968 | 30 | Richardson | Patrick | 30/07/1968 | 51 | Male | 346 | Master(M) | 80 | 02:13:58 | 541 | 13.44 | <input type="checkbox"/> |
| 17/02/2019 | 916 | 30 | Jefferys | Samuel George Deni | 31/07/1975 | 44 | Male | 347 | Vets(M) | 83 | 02:14:00 | 542 | 13.43 | <input type="checkbox"/> |
| 17/02/2019 | 1477 | 30 | Nel | Liesl | 09/07/1974 | 45 | Female | 196 | Vets(F) | 61 | 02:15:43 | 543 | 13.26 | <input type="checkbox"/> |
| 17/02/2019 | 966 | 30 | Nel | Juan Pierre | 20/11/1969 | 50 | Male | 348 | Master(M) | 81 | 02:15:49 | 544 | 13.25 | <input type="checkbox"/> |
| 17/02/2019 | 1123 | 30 | Penrith | Fuzzy | 20/08/1965 | 54 | Female | 197 | Master(F) | 45 | 02:16:51 | 545 | 13.15 | <input type="checkbox"/> |
| 17/02/2019 | 1392 | 30 | Le Roux | Melanie Jayne | 22/08/1984 | 35 | Female | 198 | Sub-vets(F) | 41 | 02:16:52 | 546 | 13.15 | <input type="checkbox"/> |
| 17/02/2019 | 1032 | 30 | Simon | Anthony | 22/01/1985 | 34 | Male | 349 | Sub-vets(M) | 74 | 02:17:52 | 547 | 13.06 | <input type="checkbox"/> |
| 17/02/2019 | 1511 | 30 | Hobson | Robert | 03/04/1970 | 49 | Male | 350 | Vets(M) | 84 | 02:17:54 | 548 | 13.05 | <input type="checkbox"/> |
| 17/02/2019 | 1335 | 30 | Smith | Mia-cherie | 29/01/1986 | 33 | Female | 199 | Sub-vets(F) | 42 | 02:22:36 | 549 | 12.62 | <input type="checkbox"/> |
| 17/02/2019 | 948 | 30 | Thompson | Sandy | 07/02/1959 | 60 | Female | 200 | Grand Master(F) | 8 | 02:25:25 | 550 | 12.38 | <input type="checkbox"/> |
| 17/02/2019 | 949 | 30 | Thompson | Graham | 16/01/1943 | 76 | Male | 351 | Great Grand Maste | 3 | 02:25:26 | 551 | 12.38 | <input type="checkbox"/> |
| 17/02/2019 | 1394 | 30 | Pullen | Amanda | 04/01/1969 | 50 | Female | 201 | Master(F) | 46 | 02:37:39 | 552 | 11.42 | <input type="checkbox"/> |
| 17/02/2019 | 1019 | 30 | Stock | Sandy | 09/08/1968 | 51 | Female | 202 | Master(F) | 47 | 02:37:41 | 553 | 11.42 | <input type="checkbox"/> |
| 17/02/2019 | 1334 | 30 | Ranger | Terence Henry | 24/09/1956 | 63 | Male | 352 | Grand Master(M) | 38 | 02:38:03 | 554 | 11.39 | <input type="checkbox"/> |
| 17/02/2019 | 1272 | 30 | Nkomozake | Fezibongo | 12/05/1993 | 26 | Male | 353 | Senior(M) | 38 | 02:41:30 | 555 | 11.15 | <input type="checkbox"/> |
| 17/02/2019 | 976 | 30 | Evert | Candice | 10/03/1989 | 30 | Female | 203 | Sub-vets(F) | 43 | 03:01:51 | 556 | 9.90 | <input type="checkbox"/> |
| 17/02/2019 | 1046 | 30 | Niemand | Maritsa | 18/02/1983 | 36 | Female | 204 | Sub-vets(F) | 44 | 03:50:02 | 557 | 7.82 | <input type="checkbox"/> |