

## Tri-A-Fun Triathlon Series #2 - 12 April 2015

## Sprint Distance

RaceNo	Name	Surname	Category	Swim	Cycle	Run	TotTime
304	Cyclo Pro	Bruce Byron David	Sprint Team (Mix)	00:11:31	00:30:27	00:16:33	00:58:31
66	Clinton	Gravett	Sprint (m) (18 - 29)	00:11:22	00:30:51	00:16:37	00:58:50
123	Dylan	Pivo	Sprint (m) (18 - 29)	00:11:26	00:30:55	00:17:09	00:59:30
228	Wickus	Saunders	Sprint (m) (18 - 29)	00:11:29	00:30:45	00:18:18	01:00:32
61	Richard	Lawrie	Sprint (m) (18 - 29)	00:13:05	00:30:31	00:18:14	01:01:50
231	Keegan	Cooke	Sprint (m) (18 - 29)	00:12:02	00:32:29	00:17:42	01:02:13
59	Travis	McGrath	Sprint (m) (18 - 29)	00:11:31	00:31:23	00:19:35	01:02:29
78	Johan	Heath	Sprint (m) (30 - 39)	00:12:57	00:30:53	00:19:13	01:03:03
79	Richard	Gilbert	Sprint (m) (30 - 39)	00:12:30	00:33:02	00:17:33	01:03:05
65	Ross	Helliwell	Sprint (m) (18 - 29)	00:14:08	00:32:06	00:17:24	01:03:38
317	Vukani MSC 1	Luvuyo Siya Hassan	Sprint Team (Mix)	00:13:20	00:32:50	00:17:35	01:03:45
315	Turn Down for What	Josh Josh Jarryd	Sprint Team (Mix)	00:12:45	00:32:28	00:19:56	01:05:09
46	Gareth	Wright	Sprint (m) (18 - 29)	00:12:13	00:31:47	00:21:48	01:05:48
63	Jarryd	Introna	Sprint (m) (18 - 29)	00:14:37	00:32:32	00:18:46	01:05:55
51	Derron	Thomson	Sprint (m) (18 - 29)	00:15:00	00:32:10	00:18:49	01:05:59
67	Jarryd	Cooke	Sprint (m) (18 - 29)	00:12:53	00:35:12	00:18:00	01:06:05
68	Warren	Broadhurst	Sprint (m) (18 - 29)	00:14:41	00:32:13	00:19:14	01:06:08
108	Mark	Alderman	Sprint (m) (40 - 49)	00:14:49	00:32:09	00:19:12	01:06:10
64	Dan	Howitz	Sprint (m) (18 - 29)	00:14:34	00:32:08	00:19:45	01:06:27
81	Shane	D'Arcy	Sprint (m) (30 - 39)	00:12:55	00:32:44	00:21:15	01:06:54
320	Munaash	Mu-az Naasief Ishrooq	Sprint Team (Mix)	00:07:47	00:37:38	00:22:36	01:08:01
74	Greg	Smith	Sprint (m) (30 - 39)	00:14:57	00:32:01	00:21:34	01:08:32
54	Keegan	Scott	Sprint (m) (18 - 29)	00:13:07	00:32:58	00:22:59	01:09:04
56	Rory	Scheffer	Sprint (m) (18 - 29)	00:17:41	00:35:28	00:16:32	01:09:41
72	William	Wilson	Sprint (m) (30 - 39)	00:16:40	00:32:28	00:20:50	01:09:58
313	Splash, Dash & Flash	Erika Steyn Erika Stefan	Sprint Team (Mix)	00:13:49	00:31:05	00:25:21	01:10:15
17	Alexia	Loizou	Sprint (f) (30 - 39)	00:15:13	00:35:10	00:19:54	01:10:17
84	Graeme	Van Zyl	Sprint (m) (40 - 49)	00:15:09	00:34:27	00:21:16	01:10:52
114	Roger	Steele	Sprint (m) (50 - 59)	00:16:28	00:33:09	00:21:17	01:10:54
109	Roger	Hooke	Sprint (m) (50 - 59)	00:16:12	00:32:57	00:21:50	01:10:59
34	Michelle	Enslin	Sprint (f) (40 - 49)	00:15:34	00:35:15	00:20:21	01:11:10
100	Michael	Howell	Sprint (m) (40 - 49)	00:15:18	00:34:26	00:21:39	01:11:23
321	Team Tissink Slow Pokes	Natalie Natalie Marisa	Sprint Team (Mix)	00:14:58	00:34:49	00:21:49	01:11:36
103	Louis	Dupper	Sprint (m) (40 - 49)	00:16:54	00:34:50	00:19:55	01:11:39
322	Cool Cats	Nats Mike John	Sprint Team (Mix)	00:17:57	00:32:54	00:20:51	01:11:42
93	Gavin	Meistre	Sprint (m) (40 - 49)	00:15:40	00:33:54	00:22:33	01:12:07
117	Chris	Howes	Sprint (m) (50 - 59)	00:14:59	00:32:09	00:25:34	01:12:42
60	Jeandre	Marais	Sprint (m) (18 - 29)	00:15:08	00:34:18	00:23:24	01:12:50
14	Antonelle	Saporto	Sprint (f) (30 - 39)	00:13:27	00:37:38	00:22:04	01:13:09
120	Deon	Boshoff	Sprint (m) (50 - 59)	00:15:05	00:34:23	00:23:44	01:13:12
307	The Wanna Bees	Craig Gail Brett	Sprint Team (Mix)	00:15:28	00:35:41	00:22:25	01:13:34
327	Do It	Stuart Willem Piet	Sprint Team (Mix)	00:13:58	00:32:17	00:27:21	01:13:36
4	Monique	Janse van Rensburg	Sprint (f) (18 - 29)	00:16:35	00:36:44	00:20:49	01:14:08
53	Peter	Smith	Sprint (m) (18 - 29)	00:15:03	00:37:43	00:21:46	01:14:32
27	Tracey	Almirall	Sprint (f) (30 - 39)	00:16:09	00:36:58	00:21:36	01:14:43
48	Luke	Watkins	Sprint (m) (18 - 29)	00:17:57	00:34:29	00:22:25	01:14:51
98	Mark	Kahn	Sprint (m) (40 - 49)	00:15:42	00:34:13	00:25:06	01:15:01
105	Wayne	Brown	Sprint (m) (40 - 49)	00:18:49	00:35:11	00:21:51	01:15:51
41	Pat	Thomson	Sprint (f) (50 - 59)	00:18:19	00:35:48	00:21:55	01:16:02
309	Body Fuel Express	Daneel Leoni	Sprint Team (Mix)	00:17:18	00:33:28	00:25:30	01:16:16
5	Stelmarie	Hartsliet	Sprint (f) (18 - 29)	00:13:51	00:38:38	00:24:20	01:16:49
80	Peter	Gatangi	Sprint (m) (30 - 39)	00:19:56	00:36:23	00:20:31	01:16:50
40	Tina	van Wyk	Sprint (f) (50 - 59)	00:17:04	00:36:27	00:23:24	01:16:55
90	Derek	Smith	Sprint (m) (40 - 49)	00:18:01	00:34:34	00:24:52	01:17:27
71	Simon	Young	Sprint (m) (30 - 39)	00:15:44	00:37:42	00:24:42	01:18:08
111	Mike	Webb	Sprint (m) (50 - 59)	00:19:14	00:36:56	00:22:05	01:18:15
127	Heathman	Garryn	Sprint (m) (30 - 39)	00:15:38	00:38:42	00:24:13	01:18:33
99	Gunther	Jungar	Sprint (m) (40 - 49)	00:17:28	00:38:37	00:22:28	01:18:33
102	Dean	Findlay	Sprint (m) (40 - 49)	00:17:01	00:39:45	00:22:16	01:19:02
89	Andrew	Southby	Sprint (m) (40 - 49)	00:20:28	00:36:00	00:22:51	01:19:19
94	Ronald	Marais	Sprint (m) (40 - 49)	00:18:18	00:37:36	00:23:29	01:19:23
119	Guy	Cooke	Sprint (m) (50 - 59)	00:13:39	00:44:31	00:21:36	01:19:46
325	Vukani MSC 4	Sesihle Luthando Luthando	Sprint Team (Mix)	00:22:38	00:36:05	00:21:03	01:19:46
323	The Benchwarmers	PJ Chris Rikus	Sprint Team (Mix)	00:18:03	00:39:14	00:22:42	01:19:59
303	Vukani MSC 3	Axolile Siphosethu Siphosethu	Sprint Team (Mix)	00:23:54	00:34:50	00:21:22	01:20:06
116	Ralph	Ketzner	Sprint (m) (50 - 59)	00:16:59	00:37:13	00:25:57	01:20:09
308	Cool Runnings	Dale Nikki Amber	Sprint Team (Mix)	00:15:24	00:46:42	00:18:06	01:20:12
70	Daniel	Baines	Sprint (m) (18 - 29)	00:14:54	00:40:23	00:25:35	01:20:52
113	Etienne	Steenkamp	Sprint (m) (50 - 59)	00:16:56	00:36:59	00:27:12	01:21:07
91	Jaco	Parson	Sprint (m) (40 - 49)	00:19:30	00:37:16	00:24:33	01:21:19
106	Paul	Bester	Sprint (m) (40 - 49)	00:17:23	00:37:23	00:27:04	01:21:50
55	Christian	Schuck	Sprint (m) (18 - 29)	00:13:50	00:43:18	00:24:58	01:22:06
82	Barnard	Johan	Sprint (m) (60 +)	00:20:40	00:37:37	00:24:18	01:22:35
1	Selina	Wank	Sprint (f) (18 - 29)	00:19:51	00:36:59	00:26:24	01:23:14
130	Rob	Ernes	Sprint (m) (60 +)	00:19:40	00:36:36	00:27:34	01:23:50
83	Luvuyo	Bangazi	Sprint (m) (30 - 39)	00:22:42	00:39:32	00:22:19	01:24:33
212	Shannon	Bradford	Sprint (f) (18 - 29)	00:17:36	00:38:57	00:28:12	01:24:45
121	Graham	Richards	Sprint (m) (60 +)	00:18:05	00:38:20	00:29:09	01:25:34

329	Westering Ladies	Tracey Simone Donne	Sprint Team (Mix)	00:16:12	00:43:27	00:26:27	01:26:06
316	Wellhoff	Katy Elaine Alex	Sprint Team (Mix)	00:19:51	00:42:35	00:24:08	01:26:34
306	Team Wow	Chris Riaan Hein	Sprint Team (Mix)	00:26:41	00:44:40	00:15:17	01:26:38
43	Amanda	Shaw	Sprint (f) (50 - 59)	00:23:42	00:38:28	00:24:38	01:26:48
86	EP	van Niekerk	Sprint (m) (40 - 49)	00:21:04	00:41:10	00:24:35	01:26:49
328	Dolphin	Tony Duncan Duncan	Sprint Team (Mix)	00:19:42	00:45:00	00:22:07	01:26:49
319	ESA Tigers	Mkokeli Jean-Claude Andre	Sprint Team (Mix)	00:20:15	00:41:28	00:25:13	01:26:56
85	Neville	van Niekerk	Sprint (m) (40 - 49)	00:21:13	00:41:24	00:24:29	01:27:06
122	Helder	de Almeida de Silva	Sprint (m) (60 +)	00:19:37	00:38:46	00:28:50	01:27:13
36	Neylese	Donaldson	Sprint (f) (40 - 49)	00:18:27	00:42:51	00:25:59	01:27:17
101	Johan	Herselman	Sprint (m) (40 - 49)	00:23:05	00:40:41	00:23:47	01:27:33
92	Peter	Meyer	Sprint (m) (40 - 49)	00:21:39	00:40:03	00:26:11	01:27:53
97	Justin	Kightley	Sprint (m) (40 - 49)	00:20:37	00:42:52	00:24:27	01:27:56
124	Margie	Young	Sprint (f) (40 - 49)	00:17:46	00:43:48	00:26:30	01:28:04
112	Paul	Trzebiatowsky	Sprint (m) (50 - 59)	00:19:47	00:40:42	00:28:06	01:28:35
302	Wow Wow	Aletta Lindie Lana	Sprint Team (Mix)	00:25:49	00:37:31	00:25:22	01:28:42
45	Sandy	Glover	Sprint (f) (50 - 59)	00:20:03	00:43:23	00:25:26	01:28:52
7	Michelle	Dalton	Sprint (f) (18 - 29)	00:19:03	00:43:34	00:26:22	01:28:59
31	Bronwin	Meyer	Sprint (f) (40 - 49)	00:20:38	00:40:44	00:27:38	01:29:00
13	Marolien	Schmidt	Sprint (f) (30 - 39)	00:21:31	00:42:13	00:26:02	01:29:46
326	Vukani MSC 2	Singabakho Athenkosi Athenkosi	Sprint Team (Mix)	00:25:38	00:40:30	00:25:08	01:31:16
8	Judy	Venter	Sprint (f) (30 - 39)	00:18:52	00:42:28	00:30:08	01:31:28
30	Barbara	Trzebiatowsky	Sprint (f) (40 - 49)	00:21:27	00:42:53	00:27:11	01:31:31
310	Team Stealth	Dean Bronwyn Kate	Sprint Team (Mix)	00:18:53	00:44:20	00:28:23	01:31:36
19	Leonie	Humphries	Sprint (f) (30 - 39)	00:25:23	00:43:48	00:22:27	01:31:38
26	Carrie	Brand	Sprint (f) (30 - 39)	00:19:35	00:44:18	00:27:58	01:31:51
301	Venter Renison	Craig Deidre Deidre	Sprint Team (Mix)	00:16:28	00:44:10	00:31:56	01:32:34
9	Talita	van Wyk	Sprint (f) (30 - 39)	00:21:11	00:41:17	00:30:30	01:32:58
33	Cindy	Ferrey	Sprint (f) (40 - 49)	00:18:46	00:39:19	00:35:07	01:33:12
305	Candice Sarah	Candice Candice Sarah	Sprint Team (Mix)	00:21:12	00:43:31	00:29:59	01:34:42
115	Brad	Pitts	Sprint (m) (50 - 59)	00:23:07	00:43:03	00:28:44	01:34:54
96	Bruce	King	Sprint (m) (40 - 49)	00:23:21	00:46:18	00:25:56	01:35:35
50	Kavan	Trzebiatowsky	Sprint (m) (18 - 29)	00:21:57	00:48:14	00:26:07	01:36:18
76	Keshan	Naidoo	Sprint (m) (30 - 39)	00:23:36	00:42:01	00:30:52	01:36:29
22	Adri	Geddie	Sprint (f) (30 - 39)	00:21:13	00:48:23	00:28:09	01:37:45
15	Susan	Radloff	Sprint (f) (30 - 39)	00:22:35	01:00:37	00:14:51	01:38:03
38	Christelle	Blume	Sprint (f) (40 - 49)	00:27:48	00:44:40	00:27:02	01:39:30
73	Louis	Sueltz	Sprint (m) (30 - 39)	00:28:41	00:39:17	00:31:46	01:39:44
3	Yanka	Trzebiatowsky	Sprint (f) (18 - 29)	00:20:48	00:48:19	00:30:39	01:39:46
118	Gordon	Graham	Sprint (m) (40 - 49)	00:21:38	00:48:17	00:30:00	01:39:55
107	Andrew	Boshoff	Sprint (m) (40 - 49)	00:21:16	00:46:05	00:33:16	01:40:37
39	Michelle	Barnett	Sprint (f) (40 - 49)	00:22:44	00:48:33	00:29:31	01:40:48
49	Alrie	Velleman	Sprint (m) (18 - 29)	00:23:24	00:44:24	00:34:28	01:42:16
12	Amy	Tarr	Sprint (f) (30 - 39)	00:22:54	00:47:45	00:33:29	01:44:08
35	Chantal	Du Pisani	Sprint (f) (40 - 49)	00:21:51	00:49:42	00:33:01	01:44:34
37	Belinda	Cole	Sprint (f) (40 - 49)	00:21:11	00:50:23	00:33:09	01:44:43
25	Gina	Daniels	Sprint (f) (30 - 39)	00:22:20	00:50:47	00:32:31	01:45:38
44	Kimberley	Ogden	Sprint (f) (50 - 59)	00:22:02	00:51:03	00:32:37	01:45:42
10	Alida	van Antwerp	Sprint (f) (30 - 39)	00:22:33	00:47:49	00:36:08	01:46:30
312	Cumberland	Devon Claire Tammy	Sprint Team (Mix)	00:20:25	00:48:36	00:39:03	01:48:04
29	Sharon	Wilson	Sprint (f) (40 - 49)	00:21:59	00:50:50	00:36:00	01:48:49
126	Weichbrodt	Denise	Sprint (f) (40 - 49)	00:31:24	00:47:34	00:31:29	01:50:27
24	Lee-anne	Du Preez	Sprint (f) (30 - 39)	00:31:35	00:49:58	00:29:09	01:50:42
104	Ant	Daniels	Sprint (m) (40 - 49)	00:28:12	00:50:47	00:32:32	01:51:31
57	Walter	Nelson	Sprint (m) (18 - 29)	00:31:08	00:55:39	00:27:14	01:54:01
6	Tarryn	Delpport	Sprint (f) (18 - 29)	00:25:17	00:55:47	00:34:25	01:55:29
324	Beach Patrol	Reon Jenny Collette	Sprint Team (Mix)	00:20:57	01:04:20	00:39:29	02:04:46
110	Andrew	Webber	Sprint (m) (50 - 59)	00:35:52	01:03:49	00:40:13	02:19:54
88	Raynard	Tissink	Sprint (m) (40 - 49)	00:11:48	00:30:28		00:42:16
42	Sue	Taverner	Sprint (f) (50 - 59)	00:22:53	00:39:12		01:02:05
75	Bradley	Reen	Sprint (m) (30 - 39)	00:11:53			00:11:53
87	Andrew	van Gruting	Sprint (m) (40 - 49)	00:18:46			00:18:46
23	Janine	Ferreira	Sprint (f) (30 - 39)	00:25:43			00:25:43
125	Dean	Oosthuizen	Sprint (m) (40 - 49)	00:27:12			00:27:12

### Super Sprint Distance

RaceNo	Name	Surname	Category	Swim	Cycle	Run	TotTime
219	Jamie	Riddle	SuperSprint (m) (14 - 16)	00:05:20	00:16:48	00:09:02	00:31:10
230	Munro	Munnik	SuperSprint (m) (17 - 19)	00:05:21	00:17:11	00:09:15	00:31:47
224	Kyle	Flanegan	SuperSprint (m) (14 - 16)	00:05:27	00:17:19	00:09:06	00:31:52
410	Grey High Trio	Daniel Luken Aiden	SuperSprint Team (Mix)	00:06:16	00:18:18	00:08:28	00:33:02
234	Mathew	Allen	SuperSprint (m) (17 - 19)	00:06:47	00:18:00	00:11:23	00:36:10
220	Runaldo	Pedro	SuperSprint (m) (14 - 16)	00:06:41	00:20:22	00:09:30	00:36:33
216	Caleb	Meistre	SuperSprint (m) (12 - 13)	00:06:43	00:20:23	00:09:36	00:36:42
225	Aidan	Baker	SuperSprint (m) (14 - 16)	00:05:38	00:21:28	00:10:21	00:37:27
229	Nico	Bester	SuperSprint (m) (17 - 19)	00:06:27	00:19:32	00:11:42	00:37:41
214	Nathan	Gallacher	SuperSprint (m) (12 - 13)	00:07:00	00:21:52	00:10:24	00:39:16
209	Taryn-Maie	Wille	SuperSprint (f) (17 - 19)	00:06:56	00:21:04	00:11:21	00:39:21
404	Cousins	Cameron Connor Britney	SuperSprint Team (Mix)	00:07:09	00:22:19	00:11:46	00:41:14
226	Callan	Alderman	SuperSprint (m) (14 - 16)	00:06:50	00:22:01	00:12:40	00:41:31
233	Muhammad	Allie	SuperSprint (m) (17 - 19)	00:06:33	00:22:39	00:12:56	00:42:08

227	Dylan	Snyman	SuperSprint (m) (17 - 19)	00:07:41	00:22:03	00:12:34	00:42:18
210	Amy	Keech	SuperSprint (f) (17 - 19)	00:06:50	00:23:11	00:14:28	00:44:29
405	Grey Boys	Cameron Jared Jared	SuperSprint Team (Mix)	00:07:55	00:23:42	00:13:35	00:45:12
204	Chelsey	Cooke	SuperSprint (f) (12 - 13)	00:08:51	00:24:29	00:12:07	00:45:27
222	Jordan	Jacobs	SuperSprint (m) (14 - 16)	00:08:57	00:24:50	00:11:42	00:45:29
235	Calum-Lee	Boshoff	SuperSprint (m) (17 - 19)	00:07:22	00:24:24	00:13:47	00:45:33
47	Jonathan	Wood	SuperSprint (m) (17 - 19)	00:08:09	00:24:39	00:12:52	00:45:40
223	Jaden	Jacobs	SuperSprint (m) (14 - 16)	00:08:28	00:24:32	00:14:45	00:47:45
221	Litha	Mbontsi	SuperSprint (m) (14 - 16)	00:09:32	00:26:01	00:12:56	00:48:29
407	Shark Fins	Gareth Nic Alex	SuperSprint Team (Mix)	00:08:25	00:28:45	00:11:40	00:48:50
213	Andrew	Bosch	SuperSprint (m) (12 - 13)	00:08:30	00:25:25	00:16:13	00:50:08
202	Simone	Olckers	SuperSprint (f) (12 - 13)	00:09:49	00:29:29	00:13:32	00:52:50
406	C.C.J.	Caylin Caide Justin	SuperSprint Team (Mix)	00:11:03	00:29:17	00:12:47	00:53:07
203	Litema	Majola	SuperSprint (f) (12 - 13)	00:05:31	00:26:25	00:21:29	00:53:25
208	Marian	MacDonald	SuperSprint (f) (14 - 16)	00:09:57	00:29:08	00:14:48	00:53:53
206	Katelyn	Van Antwerp	SuperSprint (f) (14 - 16)	00:10:33	00:26:09	00:19:43	00:56:25
217	Jaden	Dickson	SuperSprint (m) (12 - 13)	00:46:17	00:01:28	00:09:41	00:57:26
201	Shaylin	Whitlock	SuperSprint (f) (12 - 13)	00:10:07	00:36:11	00:16:41	01:02:59
403	C.A.J.	Caitlyn Aaron Jynne	SuperSprint Team (Mix)	00:10:47	00:38:30	00:14:37	01:03:54
408	DJ's	Jaden Daniel Daniel	SuperSprint Team (Mix)	00:12:27	00:37:19	00:17:13	01:06:59
314	Bosch	Jenna Mark Mark	SuperSprint Team (Mix)	01:16:52	00:33:29	00:21:01	02:11:22

<b>Overall Position</b>
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